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# 

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Prime Sports Week
Mangsir 13 - 15



**Mangsir - Field Visit** 











**Christmas Celebration** 

Poush 8







3 8

Prime Sports Meet
Kartik 15 - 17





Mustang Educational Tour





Christmas Celebration : Musical Night

Poush 8











# PRIME COLLEGE Cion

## PRIME ALUMNI DINNER



15th Mangsir, 2080

Prime College hosted a memorable evening, the Prime Alumni Dinner 2080, uniting graduates from Batch 2058 to 2075 in a celebration of shared memories and success. Alumni mastered their academic journeys while laughing and feeling nostalgic. They reconnected with former classmates and instructors who significantly influenced their growth. The gathering, an epicenter of happiness, witnessed business executives exchange stories of and create an ensemble mutual accomplishments.

The Prime Alumni Dinner 2080 was a huge success, highlighting the lasting relationships established during college. Alumni who are now dispersed throughout many professional sectors interacted and deepened relationships, forming a network that is robust to distance and time. The night went on and it became evident that bonds that would last a lifetime had been built throughout college.

# A Night of Reconnection, Celebration, and Shared Memories at Prime College

With continued chances for graduates to help one another in both professionally and personally, Prime College is well-positioned to strengthen these linkages. The event serves as evidence of the college's influence in creating lifelong connections in addition to academic pathways. Cheers to the enduring relationships that started at Prime College and destined to grow and flourish ahead.



## INTRODUCING THE EXECUTIVE BOARD OF PRIME COLLEGE ALUMNI ASSOCIATION

We joyfully introduce the Executive Board of the Prime College Alumni Association, marking a pivotal moment in cultivating a robust sense of community among our esteemed alumni. Heartfelt congratulations to the newly appointed members, as they embark on an exciting chapter in the service of fostering stronger connections within our alumni network. This announcement is a testament to the dedication and leadership that each board member brings to the table. We eagerly anticipate the positive impact they will undoubtedly have in shaping the future of our thriving alumni community. Best wishes to the Executive Board as they navigate this new role, and we look forward to witnessing the continued growth and success of the Prime College Alumni Association under their capable guidance in the upcoming quarters.



Lila Nath Sapkota President 2064 Batch



Chrisha Shrestha Treasurer 2073 Batch



Comilina Bajracharya Secretary 2070 Batch



Raju Gaire Board Member 2064 Batch



Aftab Alam Board Member 2071 Batch



Lijaa Manandhar Board Member 2072 Batch



Sumit Shakya Board Member 2072 Batch



16th Mangsir, 2080

## PRIME COLLEGE'S FIRST-EVER INTER-STUDENT CLUB FUTSAL

Prime College got to witness to an exciting display of teamwork and talent as Prime EMC and Prime Sports Club worked together to plan the college's first-ever Inter-Student Club Futsal competition. Beyond simple sportsmanship, the demonstrated tournament skill and solidarity via the enthusiastic involvement of six active student organizations and a recently formed student hub.

The seven clubs in the boys' division competed fiercely, creating an exciting environment for the tournament. Shrijan Nepali was named the Best Player, and Prime Social Innovation Club came out on top and won the title.

In the girls' division, which was round-robin style, four strong teams demonstrated their abilities. The winners were Prime Sports Club, and Sumina Khatri was named Best Player.



The Inter-Student Club Futsal 2023 demonstrated a strong sense of unity and brotherhood among students, even in the face of competition. Along with objectives, it honored the relationships, fellowship, and range of skills that characterize the Prime College experience.

Excitement built as the competition progressed, leading up to the highly anticipated knockout stages and the announcement of the winners in the boys' and girls' divisions. In the end, Prime College's Inter-Student Club Futsal 2023 was an energetic and passionate celebration of the diverse skills that make the college so alive.



1st Poush, 2080

Prime College embraced the incoming Batch of 2080 with an immersive orientation program hosted at Tokha Urban Farm. The day commenced with a focus on holistic well-being, introducing students to meditation and yoga, instructing the value of developing a calm body and mind. Following a refreshing break, interactive exercises took the front stage, giving students a chance to engage and share their varied perspectives. Engaging in group activities, such as crafting vision boards, not only encouraged creative expression but also laid the groundwork for the development of bonds that are poised to strengthen throughout their years at Prime.

The atmosphere buzzed with enthusiasm as students shared their dreams, fostering an environment of companionship and mutual understanding. The college is excited about the trip that the Batch of 2080 will take them on, one that will be characterized by the development of new friendships, the achievement of common goals, and a group search for knowledge that will make up their academic experience. This orientation set the tone for an exciting chapter, promising a dynamic and enriching college experience for the incoming students at Prime.

FOR BATCH OF 2080, BBA & BBM - MORNING SHIFT.



#### **SULAV BARAL**

As I reflect on my academic journey at Prime College, pursuing a Bachelor of Science in Computer Science and Information Technology (BSc CSIT), it feels like navigating through a digital maze, where each day presents new challenges and opportunities for growth. Prime College has been proven to be an excellent resource for learning about technology from my first semester here. It is well recognized that the institution has a robust computer science program, and my experience has confirmed this. The classes are challenging yet fascinating, and they have greatly advanced my knowledge of computers and technology.

One of the most transformative experiences was participating in various tech workshops and seminars organized by the college, which provided a platform to engage with industry experts, offering insights into real-world applications of our classroom learnings. It wasn't just about coding and algorithms; it was about understanding how technology can be a force for solving complex problems and making a difference in society.

In addition to academics, I participated in clubs and performed volunteer work. I learned how to lead and collaborate with others through these activities. They were enjoyable and helped me see how crucial it is to provide a helping hand to others and work well as a team.

I have developed both the technical know-how and the mindset necessary to succeed in the ever-evolving field of technology as I enter my fifth semester. Throughout my time at Prime College, I have been on a path of self-discovery, pursuing my passions, learning new things, and most importantly, staying happy. I would like to express my profound appreciation to all of the teachers at Prime College, especially our coordinator, Rolisha Sthapit, whose continuous assistance has been invaluable from the beginning.





## **MUSTANG MEMORIES**

- Sanni Shrestha BBM 6th Semester

Traveling to Mustang was a fascinating trip where the spiritual atmosphere of Muktinath Temple, the gorgeous proximity to magnificent mountains, the flavourful culinary adventure, and the touching interactions with many communities all came together to create a seamless experience. Situated at 3,800 meters, the holy Muktinath Temple provided a deep spiritual retreat, while the towering mountains afforded a close-up view of the magnificence of nature. The discovery of the rich culinary legacy through the exploration of Thakali dal bhat and yak-based specialties was accompanied by the welcoming hospitality of the locals. Interacting with other communities resulted in a rich cultural interchange, and in the middle of it all, the journey turned into a joyous celebration of friendship, with laughter resonating against Mustang's captivating scenery and creating memories. The trip turned into a joyful celebration of friendship, with the closeness amongst friends resonating against the captivating scenery of Mustang and creating memories that would last long beyond our amazing journey. With its spiritual resonance, breathtaking beauty, and energetic communities, Mustang evolved from a destination to a vital adventure that profoundly impacted our shared memories and emotions.





## From Beats to Smiles: Celebration of Music and Kindness

6th Poush, 2080







In a heartwarming alliance, Prime Social Innovation Club and Prime Cultural Club orchestrated "Music for Cause Vol-II," weaving a tapestry of unity and philanthropy. Machhindra Club's generosity provided the perfect stage for the event, where soulstirring performances and community spirit blended seamlessly.

Beyond the applause, the event bore a purpose—raising funds to illuminate the lives of underprivileged children. Gratitude extends to T's Your Palate for their generous sponsorship, supporting the cause.

On Christmas Day 2023, these clubs, joined by the Prime College community, brought cheer to the "New Children's Home" in Budhanilkantha through "Smile for All." The joyous occasion, made possible by countless contributors, left indelible smiles on the faces of the children.

These events, a harmonious blend of music and kindness, underscore Prime College's commitment to nurturing a compassionate community. Together, they've composed a melody of change, resonating with the ethos of empathy and solidarity.



15th Mangsir. 2080

### PRIME COLLEGE ACKNOWLEDGED AS TOP CHOICE FOR SOUTH ASIAN STUDENTS BY ASIA EDUCATION REVIEW

Prime College is honored to be recognized by Asia Education Review as one of the top 10 colleges or universities for South Asian students. Established in 2001, our institution has consistently aimed to provide a holistic education that combines theoretical knowledge with practical skills. This recognition underscores our commitment to fostering critical thinking,

adaptability, and resilience in our students.

Looking ahead, Prime College is excited about the prospect of catering to more students in the future. We are dedicated to expanding our offerings and collaborating with multiple universities

to introduce new and relevant courses. Our vision includes enhancing infrastructure and facilities to create an environment conducive to innovation and comprehensive learning.

This acknowledgment serves as motivation for us to continue adapting and responding to the everevolving trends in the education sector. Prime College remains focused on preparing our students for the global workforce and contributing significantly to the development of our nation. We extend our gratitude to Asia Education Review for this recognition and look forward to welcoming more students into the Prime College community.



### PRIME COLLEGE

Empowering Excellence while Cultivating Competence

epal's education sector has experienced notable progress in providing high-quality education and meeting the covinig demands of various industrics. Numerous educational institutions have emerged, striving to bridge the gap between academic learning and practical application. The sector's growth has been masted by a commitment to nurturing a skilled workforce with the necessary knowledge and expertise to contribute effectively to the country's sociocosomic devolopment. A concerted effort is being made to align educational programs with the demantic needs of the ever-evolving



global market, fastering a culture of continuous learning and development, Standing on a pioneer in imparting practical knowledge alongside theoretical expertise, Prime College is addressing the challenges of skill gaps prevalent in the education system.

Prime College, established in 2001, has strategically positioned itself as a key player in shaping academic excellence within the Kathmandu Valley and beyond. By emphasizing the significance of a well-rounded education, theoretical knowledge and the critical thinking skills, adaptability, and resilience necessary to thirie in the competitive landscape of the industry. This bolitica approach to orderation has garnered commendation and recognition within the educational community, solidly ing Prime College's reputation as an institution that goes beyond imparting knowledge, aming to surtrare well rounded individuals equipped with the skills

#### lurturing a Generation of Skilled Professionals

The inception of Prime College in 2001 can be traced back to a group of forward-thinking



entrepresents who shared a commen vision to make a meaningful contribution to the clocational framework of Nepal. Recognizing the significance of nurturing a generation of skilled perforsionals, they embarded on a mission to cutablish an institution dedicated to academic excellence and practical education. Device by turic planted passion for elevating the standards of education, Privaled Privaled

The Mathema Learning Resource Center actively organizes various course-related activities, including workshops, seminars, & industrial visits

At Princ College, students actively engage in various co-curricular and extracurricular activities, fostering a sibrant campus culture. These clubs encompass a broad spectrum, from the 17 Club to the Cultural Club like Prince Cultural Club like Prince Cultural Club. Prince Prince Cultural Club, Prince Prince Club, Prince Eurot Club, Prince Eurot Enterpersonal Management Club, Prince Eurot, P

ormer Chairman, deficated to providing comprehensive scademic support. This center not only houses an strensive library with a diverse collection of books and resources but also serves as a coordinating hub for the arious student clubs, facilitating their activities and

Furthermore, the Mathema Learning Resource Center actively oppines various course-related activities, including workshops, seminars, and industriavitis, enouring a well-rounded and practical learning experience for the students. Alongoide this, Prime College's Career Center, led by a seasoned faculty member, works tireleasly to connect students with job opportunities in various industries, preparing them for successful entry into the professional workf, The college also fosters a strong almanin retwork, encouraging ongoing support and collaboration among graduites, contributing to the holistic development of the institution and the broader community, in addition, the college priorities the students mental health through the Prime Wellbeas Center. "Prime Wellbeas Center is dedicated to the mental health and well-being of its students, providing essential support and resources for addressing psychological concerns", says NY P Sharma.

with multiple universities to istructure on was consumerated and the multiple universities to istructure new and relevant courses. The institution plans to enhance its infrastructure and facilities to create a more conductive environment for innovation and comprehensive learning. Prime College endeavors to remain adaptive and responsive to the ever-evolving trends and demands in the education sector, enuning that its students remain well-equipped to meet the challenges of the global workforce and contribute significantly to the nation's development. Also



## **ACADEMIC TOPPERS**

#### **BATCH 2075**

### 8TH SEMESTER

BBANEWKRITI GAUTAM3.91BBMSHREEMANTH SHRESTHA3.85BIMSUSHREETA SHRESTHA3.92CSITSAMIMA THAPA91.2%

#### **BATCH 2076**

### **6TH SEMESTER**

BBANARINA PRADHAN3.78BBMSUPRIYA PATHAK3.88BIMSWETA T. TULADHAR3.72CSITRIJAN MAHARJAN82.5%

#### **BATCH 2076**

### **5TH SEMESTER**

BCA BISHAN POUDEL 3.32
BCA RIKESH MAHARJAN 3.32

#### **BATCH 2077**

### **4TH SEMESTER**

**CSIT** SHREEJAL DHUNGANA 85.2%

#### **BATCH 2078**

### **2ND SEMESTER**

BCA ABHISHEK SHRESTHA 3.66
BCA NIRJALA SHAKYA 3.66

#### **BATCH 2079**

### **1ST SEMESTER**

BBA LUNIVA GORKHALI 3.94BIM SULAV R. BAJRACHARYA 3.74CSIT NIRDESH JOSHI 3.82

#### **BATCH 2077**

### 3RD SEMESTER

MBS NEETI RAJBANSHI 3.70





#### **MOHAN ADHIKARI**

Embarking on a career as a faculty member in a college is a profound journey that intertwines professional growth with the noble task of shaping young minds. My personal experience in this role has been a tapestry of learning, unlearning, relearning, and creating an emotional bank account that gave me job satisfaction and the sheer joy of witnessing intellectual blossoming. As I reflect on my time in this college, I find myself compelled to share the invaluable lessons it has bestowed upon me.

#### Learning:

Initially, I started teaching in this college for a few months (as a proxy faculty) as a substitute faculty for BBS & BBA. Later, I had to continue, as the assigned faculty could not manage time. This small beginning led to a series of learning that continues to this day. Computer lab support and their guidance helped me to become a teacher with advanced IT skills. This learning has helped me to become a better leader and educator reaping benefits to this day.

#### **Unlearning:**

One of the most enriching aspects of my role has been the opportunity to build meaningful connections with students. Understanding their diverse backgrounds, aspirations, and challenges has been integral to creating a positive and inclusive learning environment. Engaging in open dialogues, fostering a sense of community, and being attuned to the individual needs of students have been pivotal in establishing a rapport that extends beyond the classroom. This led me to change my mindset about sharing knowledge style with GenZ. For this, I had to unlearn what I learned & practiced related to knowledge sharing.

#### **Relearning:**

Support from this institution during pandemic by creating the environment for faculty development and providing the necessary resources for knowledge delivery have helped me to relearn to adapt to suit the young learners. Being a faculty member in a college is not merely a profession; it is a vocation that calls for dedication, resilience, and a genuine passion for learning. My journey in this college has been a mosaic of growth and the privilege of being a catalyst for knowledge dissemination. As I continue to navigate the dynamic landscape of education, I am reminded of the immense responsibility and privilege that comes with shaping the minds of the next generation.



## BEYOND BOUNDARIES:

## PRIME IT CLUB'S JOURNEY THROUGH ICT MEETUP V7.0



23rd and 24th Poush, 2080

Prime College recently hosted the dynamic ICT Meetup V7.0, organized by the Prime IT Club on January 8th and 9th. The Deputy Mayor Kathmandu Metropolitan City, Sunita Dangol, inaugurated the event, highlighting its importance in fostering innovation and collaboration. Themed "Al Innovation: Sculpting a Smarter Tomorrow," the two-day grand display showcased the club's commitment to bridging the gap between academia and the demands of the IT industry.

The event featured spirited competitions, including the Valorant Competition with Prime E-Sports Hub and the ICT Musical Night collaboration with Prime Flair Club. Workshops, sessions, and panel discussions offered valuable insights into ΑI advancements. project demonstrations. and policy deliberations.

The Recreational Stalls, a vibrant part of the meetup, brought a delightful mix of experiences. From food representing various cafes and shops to a VR Station for gaming enthusiasts, scooter test rides, clothing stores, and PC accessories, the recreational area was a hive of activity. It provided a creative offering not touch, only engaging activities but also opportunities for networking and collaboration among industry leaders, academics, and technology enthusiasts.

The closing ceremony celebrated competition winners and expressed gratitude to participants, collaborators, and sponsors. Prime College, through the Prime IT Club, continues to shape the future of technology by fostering a brighter, smarter tomorrow—a future where technology serves as a catalyst for positive change.

## ACCOUNTING WORKSHOP



17th - 29th Mangsir, 2080

**An Accounting** Workshop designed for the BBM 2019 batch of students

A ten-day, comprehensive accounting boot camp was organized for the BBM 2019 batch of students, with the primary objective of fostering a smooth transition from theoretical comprehension to practical application.

This intensive program offered students invaluable insights into hands-on exercises encompassing various aspects of accounting, including accounting systems, bookkeeping, voucher preparation, balance sheets, financial statements, income tax/VAT systems in Nepal, electronic billing, and tally proficiency. The workshop was expertly facilitated by Bishal Pokharel, a certified Chartered Accountant.







## Empowering Session on 'Effective Habits' for Prime Wellness Students

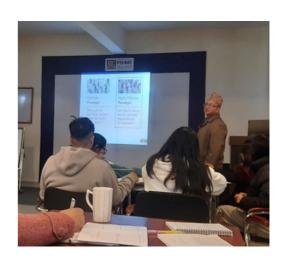
20th Poush, 2080

Prime Wellness Centre conducted an empowering session on "Effective Habits" by Mohan Adhikari Sir on Poush 20, 2080. The session was tailored for students of Prime Wellness Centre, faculty members, and administrative staff, the session focused on insights and strategies for cultivating positive habits for personal and professional success.

This session provides a golden opportunity for Prime Wellness Centre members to enhance habit formation skills, leading to positive transformations. Participants benefit from personal growth tools, habits for professional success, improved time management, a positive mindset, and community engagement. Active participation is strongly encouraged from faculty, administrative staff, and all eager students in their journey of self-improvement. Join us for this engaging and insightful event, collectively taking a step towards a more successful and fulfilling future.

## AGENDA HIGHLIGHTS

- Understanding the Power of Habits: Explore the science and impact of habits on personal and professional growth.
- Goal Setting and Achievement: Learn effective techniques for meaningful goal setting across various life aspects.
- Prioritizing the Time Factor: Explore practical approaches to optimize time utilization and enhance productivity.
- Building a Positive Mindset: Understand the transformative power of cultivating a positive mindset for overall well-being.
- Interactive Workshops and Discussions: Engage in hands-on activities and insightful discussions to reinforce learning.





## SHARING MY EXPERIENCE AS A MEMBER OF PRIME WELLNESS CENTRE

As a member of the wellness centre, my experience has been transformative and enriching. The centre's diverse range of offerings, from invigorating fitness classes to rejuvenating treatments, has not only enhanced my physical well-being but also provided a holistic approach to overall health. The supportive community within the centre fosters a positive and motivating atmosphere, making each visit a rewarding experience. The knowledgeable staff, committed to promoting wellness, has been instrumental in guiding me on my journey to a healthier lifestyle. I am truly grateful for the wellness centre's contribution to my well-being, and I look forward to continuing this empowering journey with them.

Bishal DevkotaBBA 6th semester

## ACTIVITIES BY PRIME CAREER CENTRE

The "Jobs in Nepal" session delved into the country's dynamic employment landscape, offering insights into various industries such as tourism, agriculture, technology, and finance. We explored in-demand professions, emerging opportunities, and the requisite skills for success. The session both government and covered private sector job prospects, providing valuable information on application processes and qualifications. Discussions also included the role of education and vocational training, entrepreneurship prospects, and common employment challenges. Practical advice on job search strategies, networking, workplace etiquette, and salary trends was shared. The session aimed to empower participants with the knowledge and tools necessary for successful career navigation serving as a valuable resource for aspiring professionals.



#### **KEY POINTS DISCUSSED INCLUDED**

- Overview of the Job Market
- Popular Industries
- Job Opportunities
- Government Jobs
- Private Sector Jobs
- Education and Skills
- Entrepreneurship and Start-ups
- Employment Challenges
- Networking and Professional Development
- Salary and Compensation
- Job Search Strategies
- Cultural and Workplace Etiquette
- Future Trends
- Employment Regulations
- Q&A Session

- Amit Sthapit
Director of Career Services,
MBS & BBS Coordinator

## ALUMNI SPOTLIGHT

### LIJAA MANANDHAR

BSC. CSIT ALUMNI, 2072 BATCH

## TO START, COULD YOU PLEASE INTRODUCE YOURSELF?

Hello, I'm Lijaa Manandhar, currently working as a Project Coordinator and Associate Project Manager at LIS Nepal. I hold a BSc. CSIT degree from Prime College, and my background is centered around project management, with valuable

experience in the retail industry.

## 2

## WHAT HAS YOUR CAREER PATH BEEN LIKE? HOW DID YOU END UP WHERE YOU ARE?

My career path has been dynamic and purposeful. While initially aspiring to be a software developer, my time at Prime College unveiled my talent for event management. Realizing my managerial aptitude, I transitioned from a software developer to a Program Officer role at Innovative Solution. This shift proved instrumental in aligning my career with my strengths. Subsequently, joining LIS Nepal as a Project Operation Assistant marked the beginning of my ascent, ultimately leading to my current role as Project Coordinator and Associate Project Manager. This underscores my adaptability commitment to pursuing roles that resonate with my evolving professional interests.

## 3

## CAN YOU SHARE A MEMORABLE EXPERIENCE FROM PRIME COLLEGE THAT SIGNIFICANTLY SHAPED YOUR CAREER PATH?

One particularly memorable experience from Prime College that significantly influenced my career path was my involvement in ICT V 4.0. Serving as a volunteer for this major event exposed me to the intricacies of event management and networking. Throughout the event, I had the opportunity to engage with numerous industry professionals. Collaborating with my seniors during the event, I gained invaluable insights into the importance and benefits of networking in the professional world. This experience not only broadened my understanding of the industry but also played a pivotal role in shaping my perspective and approach towards my career.



## AS THE FORMER PRESIDENT OF THE PRIME IT CLUB, HOW DID THAT EXPERIENCE INFLUENCE YOUR CAREER IN THE IT INDUSTRY?

As the former president of the Prime IT Club, the experience significantly shaped my career in the IT industry. Leading the club sharpened my leadership and organizational skills coordinated various events and projects. It provided me with a platform to network with fellow students. faculty, professionals in the IT field, broadening my understanding of industry trends and challenges. Managing the club's activities also project improved my management and teamwork abilities. Moreover, the role allowed me to apply theoretical knowledge in a practical setting, reinforcing my academic learning. Overall, being the president of the Prime IT Club not only enriched my skill set but also deepened my passion for the IT industry, setting a strong foundation for my career growth.

## 6

## TAKING A TRIP DOWN MEMORY LANE, WHAT IS ONE QUIRKY OR FUNNY STORY FROM YOUR TIME AT PRIME THAT STILL BRINGS A SMILE TO YOUR FACE WHEN YOU THINK ABOUT IT?

Looking back at my time at Prime College, there's a funny moment from when we were at Krishna's house working on our project. Our project was all about pictures and videos, and we needed to take different photos to train the Al. When it was my turn, not knowing how to pose, I just started dancing instead. It made everyone laugh, turning our work session into an unexpected dance party. It lightened the mood and became a fun memory, showing how we could enjoy ourselves even during serious project work.



## WHAT EXPECTATIONS DO YOU HAVE FOR FOSTERING STRONGER CONNECTIONS AMONG ALUMNI AS A MEMBER OF THE PRIME COLLEGE ALUMNI ASSOCIATION'S EXECUTIVE BOARD?

As a member of the Prime College Alumni Association's executive board, I aim to strengthen alumni connections through regular networking events and an online platform. My vision is to create a vibrant community where alumni can share experiences, achievements, and opportunities. By fostering meaningful interactions, we can build a strong and supportive network, enhancing the overall success and unity of our alumni community.

## 7

## WHAT ADVICE WOULD YOU GIVE TO RECENT GRADUATES ASPIRING TO MAKE A POSITIVE IMPACT IN THE IT INDUSTRY?

For recent graduates aspiring to make a positive impact in the IT industry, I would advise prioritizing continuous learning. Stay updated on industry trends, technologies, and certifications to remain relevant. Cultivate strong communication and collaboration skills as teamwork is crucial in IT. Seek mentorship from experienced professionals to gain insights and guidance. Embrace challenges as opportunities for growth, and don't shy away from sharing your ideas. Lastly, be adaptable in the dynamic IT landscape, and always strive for innovation to contribute meaningfully to the industry.

Dive into:

# STUDENT'S CREATON

## The Art of Being Average

- Prabisha Maharjan BBA 3rd Semester

In the world of perfectionism and excellence, there exists a lonely art- the art of being average or mediocre. The competitive society of today tends to push us towards constant achievement, but there is a different beauty in enjoying the subtle contentment in the ordinary and grace in imperfections. Achievement and Success do not need a fancy mask costume. For someone, a stroll in the park, getting a 50 on the test is success. There is an unexplained beauty in simplicity and virtue.

This is not to say that being super ambitious is wrong, but most of the time the journey is more beautiful than the destination. When we grow appreciative of our own simplicity or plainness, we can be truly joyful.

Society celebrates the winner and the smarts, but there are 8 billion of us on the earth. Not everyone can be a genius prodigy, most of us are mere bystanders to such grand achievements. Let's appreciate the unsung victories of daily life, where being average is not a compromise but an honor of the richness of nature and life's simplicity.







Being average means you are as close to the bottom as to the top. So, It's okay to be an average.



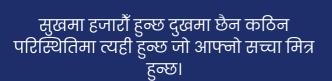
Time never stops. It
doesn't wait for anyone,
nor does it give extra
minutes for dreaming. But
Dream is a shape of YOU.
So, let's dream.

## If Time Flies, what does dreaming do?

- Luniva Gorkhali BBA 3rd Semester

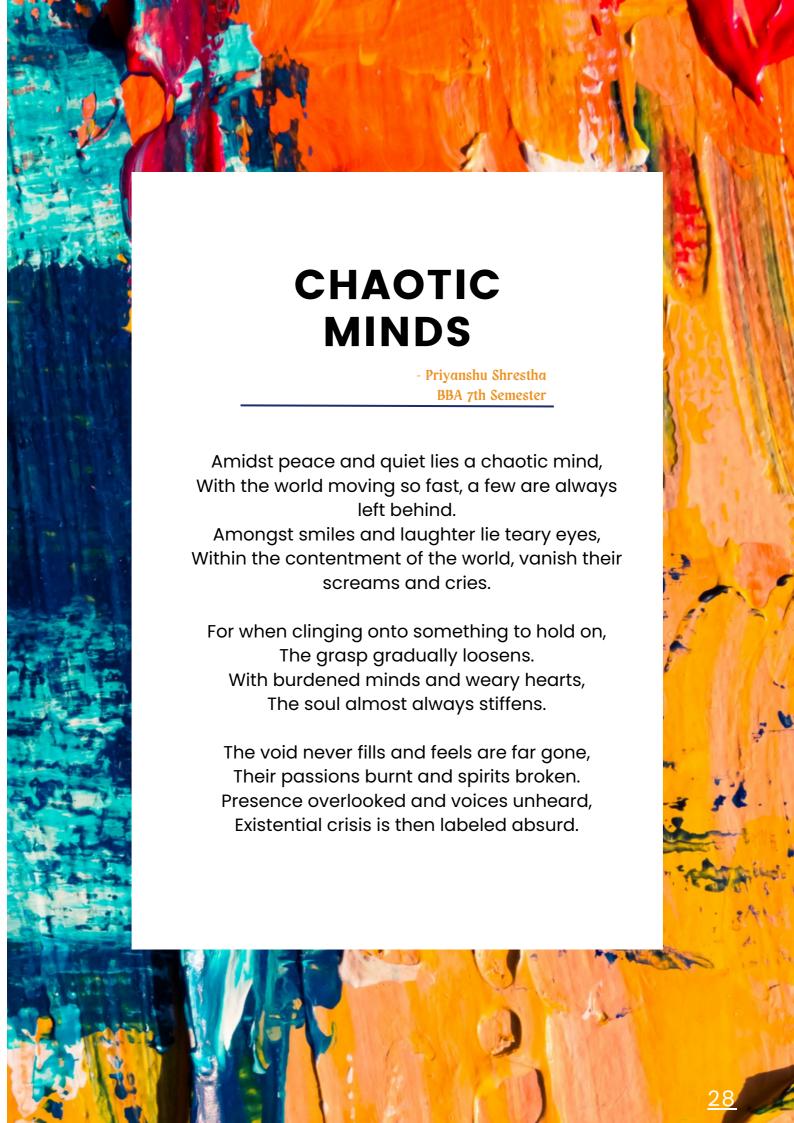
Every day I dream, YOU dream, WE dream but why? Everyone dreams cause there is something one wants to achieve, right? Whether it be a dream of having a favorite cuisine or a dream to travel the world. Every dream is a dream regardless of the subject matter. However, dreaming is somewhat about making up fake scenarios and these fake scenarios consume loads of time. So, why is everyone invested in dreaming?

A DREAM holds a future. Those fake scenarios makes a person optimistic. It gives hope regardless of the situation of life. Time sure flies but life keeps going on and on with a dream in mind. It makes one hungry for the adventures of life. Sometimes, it's scary. What if all those expectations fall apart? What will happen to me? What about 'the things I wanted'? but the scariest part of all is not being able to dream.



- Amrit Ratna Tuladhar BBS 4th Year





## THE ENTREPRENEURIAL URGE: MOTIVATIONS BEHIND THE ENTREPRENEURIAL SPIRIT

- Entrepreneur Group BBM 6th Semester

Entrepreneurship refers to the capacity and willingness to create, coordinate, manage a business venture, despite the inherent uncertainties, with the ultimate goal of generating financial gains. The initiation of a fresh business endeavor serves as the prime illustration of entrepreneurship. Entrepreneurship can be of different forms as scalable startups, online business, and so on. An entrepreneur is characterized as an individual possessing the skills to establish, oversee, and prosper in a startup enterprise, while embracing the associated risks, all in pursuit of profitability. Entrepreneurs are often known for introducing innovative ideas to the market

Entrepreneurs often choose entrepreneurship for a variety of reasons, including the opportunity to follow their passion, achieve financial success, become independent, and create creative solutions. Additionally, the aspiration to make a meaningful impact and shape their destinies serves as a common motivation. Despite the numerous challenges that aspiring entrepreneurs must confront, such as financial uncertainty, work-life balance, market competition, team building, and stress, there are advantages that can effectively counter these obstacles. The benefits of entrepreneurship encompass the ability to maintain control, the rapidity of actions, and the opportunity for continuous learning and personal growth.



The question isn't who is going to let me; it's who is going to stop me?

- Ayn Rand





In today's environment, entrepreneurship is of the utmost importance because it fosters innovation, economic growth, job opportunities, and the resolution of societal issues. It introduces fresh concepts and solutions to the market. It advances technology and has the power to motivate people in the modern world.

People choose entrepreneurship because they want to be their own boss, follow their passions, create new things, make money, adapt to challenges, grow personally, and leave a lasting mark. It's about freedom, creativity, and the excitement of building something meaningful that reflects their dreams and values. Entrepreneurship becomes a pathway to a fulfilling journey where individuals can shape their destinies and contribute uniquely to the world.

## EMBRACING GROWTH: SETTING NEW YEAR RESOLUTIONS FOR 2024

- Saleena Shrestha BBA 3rd Semester

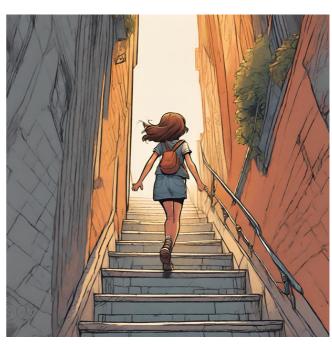


s we bid farewell to another year and welcome the dawn of 2024, it's the perfect time to reflect on our personal growth and set intentions for the months ahead. The start of the New Year brings with it a sense of renewal and a canvas of new opportunities that await each one of us. Setting New Year resolutions acts as a powerful tool to shape us into who we are and who we want to be. So to embrace positive change in our lives, here are some insights to inspire your New Year resolutions for this year.

There's so much one might want to achieve or get better at, like studies, sports, and music. It can be anything. Amidst our interests and the chaos of college life, it's simple to overlook self-care. So think about setting goals that put your physical and emotional health first such as making a commitment to regular exercise or adopting mindfulness activities like yoga or meditation into your routine. Another important thing is to make a priority list. Clarifying your priorities will help you stay focused on your goal and accomplish it more swiftly.

Set academic goals that challenge you and align with your career aspirations. Set goals that would expand your horizons and resolve to step out of your comfort zone by joining clubs, attending events, or engaging in activities that broaden your perspective and help you build lasting connections with your peers. Efficient time management is the key to academic success and personal well-being so consider setting resolutions that help you organize your time effectively, whether it's through creating a study schedule, or breaking tasks into manageable chunks.

Every goal, no matter how simple, can help you bring about a positive change in your life. Resolutions can be in any form, from cultivating good habits like a proper sleep schedule to taking huge life-changing steps. So, do not hesitate to set resolutions that can be out of your comfort zone. Remember, each small step towards your goal contributes to the larger narrative of your personal journey of self discovery. So, as we embark on the journey that is 2024, let these resolutions guide you towards personal growth, academic success, and a fulfilling college experience. Here's to a year of growth, resilience, and success!



## ROCK:

## **Music that Empowers**

- Arnav Tuladhar BBA 3rd Semester

Given birth by classic blues and jazz tones, rock music is considered one of the greatest and most well-respected music genres. Blues, country, and rhythm were among the many musical genres that came together to form the dynamic and influential genre known as rock music, which first appeared in the middle of the 20th century.

The genre of rock, with its upbeat rhythms, distorted guitars, and rebellious vibe, immediately established itself as a representation of youth culture and a potent force for social change. Even though many people dislike it and think of it to be loud and obnoxious, there are still a lot of people who understand the true message of rock music and respect it very dearly.

The diversity of ideas and emotions that rock music can convey is one of its distinguishing qualities. Rock music lyrics frequently explore social and personal themes, providing an environment for musicians to express their ideas. Rock music has served as a platform for musicians to share their viewpoints and deeply connect with listeners, from anti-establishment and rebellious songs of the 1960s to reflective and socially concerned lyrics in succeeding generations.

In addition, rock music impacts clothing, creativity, politics, and entertainment. Famous rock stars have evolved into cultural icons, and the attitude of society has been influenced by their music. Generations have been motivated to question authority, seek individual expression, and defy norms by the rebellious spirit of the genre. Because of this, rock music is still a strong and timeless force that appeals to listeners of all ages and backgrounds and has left a lasting impression on contemporary culture.



## Did you know??

Rock music has been used as a form of political protest, particularly during the 1960s and 1970s.

## **20TH CENTURY FEMINISM**

- Prabisha Maharjan BBA 3rd Semester

Feminism is a word enchanted all around the world. But the real question is does it represent women of all background or is it justanother commercialization opportunity? In today's world where humans are exploring the heights of the universe and depths of the sea, women are still left fighting for what is- basic human rights. Be it in the grand form of dowry, sex selective abortion, or subtle perceptions that "women are weak", this is prevalent all over the globe irrespective of the nation. The opposition to this has led to a new movement, Feminism.

Feminism is a social, political, and cultural movement that seeks to establish and promote equal rights, opportunities, and status of all genders. Rooted in the belief that women should have the same rights as men, feminism challenges and aims to dismantle gender-based inequalities and stereotypes that persist in societies worldwide. The first wave started in the 19th century and had a notion of gender equality, rather than just a specific gender. This wave fought for legal equality for women- the right to vote, and to study. So, the "hard" part was done. The law did recognize women as "equal."



But the societal perception of women is still tough to change. The social structure and corporate culture still is very anti-women. Despite the 1st wave happening in the 19th century, the pay gap between men and women still exists. Women do not get the same amount of academic publications as men with similar competencies do, and women are less likely to receive promotions to leadership positions than men with corresponding expertise. Drugs for health problems are typically tested only in male are samples test results gender, differentiated by making impossible to predict the effects of taking a particular drug separately for men and Women's health, especially reproductive health are still not studied properly or taken seriously either.

The commercialized version of feminism glosses over such critical issues. Since this new trend of feminism focuses so much on empowering man vs woman, these serious issues are not considered or simply ignored. Celebrities empower women to be themselves and call it feminism. Empowering young women is good, but you can't call it feminism if you don't address women's issues that have such a huge impact. The change happens not only by empowering but also by addressing the disparities in the traditional society against women.



I don't wish [women] to have power over men; but over themselves.
-Mary Wollstonecraft



## **Student Project**

### RESEARCH IDEA BANK

#### **BSc. CSIT:**

- Prime Chatbot CSIT 7th semester (2075 Batch) Shrijana Adhikari, Santoshi Kafle, Rupesh Bhatta
- Snap News- CSIT 7th semester (2075 Batch) Bibek Thapa, Yash Maharjan, Anuj Maharjan
- Car Compaion Second Hand Car Prediciton System CSIT 7th Semster (2075 Batch) –
   Anahat Basnet, Ishan Rai, Swastika Banskota

#### BCA:

- JobHub BCA 8th semester (2075 Batch) Trilochan Aryal
- Stock Market Analysis- BCA 6th (2076 Batch) Nimesh Shrestha
- Blood Donation Website BCA 4th Semester(Batch 2077) Sita Kumari Shrestha and Biplap Neupane

#### **BBA**:

- Pension Activities At Nepal Bank Limited BBA 8th semester (2075 Batch) Subhash Nepal
- The Human Resources Management Practices At Kiran Shoes Manufacturers ( Goldstar)
- BBA 8th semester (2075 Batch) Saloni Shrestha
- Sales And Marketing Activitites At Sharda Production Pvt.Ltd BBA 8th semester (2075 Batch) Juneli Sunar

#### BIM:

- Restaurant Management System BIM 8th semester (2075 Batch) Yashu Sthapit
- Page Bulider As Fullstack Developer at Merojob BIM 8th semester (2075 Batch) –
   Shureeta Shrestha
- Smart Waste Management System BIM 8th semester (2075 Batch) Shreejal Bajrachayra

#### **BBM**:

- General Activities of Prime College BBM 8th semester (2075 Batch) Samyukta Silakar
- Operation and Administrative Activities At Incessant Rain Pvt.Ltd BBM 8th semester (2075 Batch) Palpasa Shakya
- Brand Department Of Himalaya Airlines ( Head Office ) BBM 8th semester (2075 Batch)
- Sujal Shrestha

#### MBS:

- Factors Influencing adoption of Two Wheelers Electric Vechicles in Nepal MBS (2075 Batch) Binju Shakya
- Financial Inclusion through Fintech Innovation: Predicting users acceptance of Digital Wallet MBS (2075 Batch) Liza Tamang

Samriddhi Pradhan BIM 6th Semester









Pranima Amatya BBA 7th semester



Niraaj Maharjan BBA 3rd Semester

## STUDENT ARTWORK

Research has proven that appreciating art enhances our wellbeing and elevates our mood.

## ART & THE ARTIST

Monalisa Rai BBA 7th Semester

Smriti Dumre BBA 7th Semester





RTIS



Nikita Chaudhary BSc. CSIT 1st Semester

## STUDENT ARTWORK

Research has proven that appreciating art enhances our wellbeing and elevates our mood.

ARTIST

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## Biplav Tiwari BSc. CSIT 4th Semester





Soheb Maharjan BBS 2nd Year

## Pravin Gyawali BIM 4th Semester



## Reason Basnet BBA 6th Semester





Yujal Maharjan BIM 3rd Semester

## Aayesha Sheikh BBA 7th Semester









Dashain Dhamaka



Deusi Bhailo



Bhintuna Rally



**Induction Program** 



**Skincare Awareness** 



Threads of Kindness



**Public Speaking** 



Open Marathon for Climate Change



**Blood Donation** 



Student Tour BBA



Student Tour BBM & BIM



ICT Meetup v7

Thank How

As we wrap up the second edition of Vrittanta:, we would like to extend our heartfelt and deepest gratitude to everyone who participated in making this newsletter a success. The continued encouragement and enthusiasm from everyone made it possible to deliver informative and engaging content.

We want to convey our sincere appreciation and regard for the continued support and trust of our readers. Your faith in us is much appreciated, and such support is the essence of our newspaper.

We would also like to express our utmost respect and deepest gratitude to our Ethics and Standard Officer (ESO) and Marketing, Public Relations & Event (MPRE) Department of Prime College who guided us throughout. A special appreciation to each member of the incredible editorial team who has brought this newsletter to life through their dedication, passion, and hard work.

We look forward to more stories, art, and creativity in the future. The second edition has set a high standard for the future, and we are confident that the future team will surpass it. We aim to be a free space with infinite possibilities for every perspective on art and stories. We hope to bring forth such diverse and unique perspectives of art to our readers. Team Vrittanta: has tried its best to deliver the sentiments of such infinite possibilities through the submitted articles.

Special mention to Luniva Gorkhali, Prabisha Maharjan, and Saleena Shrestha (BBA 3rd), Rojina Ghimire, Rubika Shakya, Rubina Shakya, Rusha Napit, Smriti Dumre, and Smriti Maharjan (BBA 7th) for their dedication and effort in bringing "Vrittanta:" to life. Until our paths cross again in the next newsletter, stay informed, and stay inspired.

## CONNECT WITH US

STAY INFORMED, STAY INSPIRED



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