

# VRITTANTA:

NEWSLETTER - FIRST EDITION

STAY INFORMED, STAY INSPIRED



INITIATE • EXPLORE • INNOVATE

SHRAWAN - ASHWIN 2080

Art By : Anshu Pakhrin



**Playgroup  
to  
Grade 10**

**PRIME**  
GLOBAL SCHOOL

**+2  
Management,  
Science,  
Humanities**

**PRIME**  
GLOBAL SCHOOL



**BBA, BIM, BBS  
BBM, BCA  
BSc. CSIT, MBS**

 **PRIME**  
COLLEGE

# Message from The Principal



I am immensely pleased that the Ethics and Standards Office (ESO) and Marketing, Public Relations & Event (MPRE) Department of Prime Educational Inc. initiated and undertook the joint responsibility of publishing an online magazine – **VRITTANTA**: – for the first time.

I highly appreciate the enthusiasm and determination of ESO and MPRE to make the publication a regular feature in the life of Prime College.

The first issue of the Journal which has come out for us to read contains various creative and imaginative matters and finds expressions of new ideas, information, analysis, opinions, understandings of business, economy, culture, society and so on from members of Prime Family. It, therefore, portrays some dimension of life in Prime and chronicle activities and programs that have been helpful to nurture and bring forth the talents of our young brains. I am sure this journal will enrich the educational environment of the college and help to enhance its reputation further. I feel sure the magazine will be of interest to all of its readers.

Finally, I thank Mrs. Sushma Maharjan, the Head of ESO and Anuj and Rubi from the MPRE and other people who have directly or indirectly contributed to the creation of this magazine and look forward to seeing its warm reception from its readers.

**Best Regards**  
*N P Sharma*

# Message from The Vice Principal



Dear Parents, Guardians and well wishers,

Greetings to you all from Prime Global School!

Education is a life –long learning process and our mission therefore is to provide a learning environment to our students as learners. Our distinctive academic programmes and innovative teaching methodologies encourage students to develop critical-thinking and to develop key personal and social values, to take ownership for his/her choices and to set goals to realize their own unique potential.

At Prime Global School, we aim to empower our students to grow as individuals preparing them to make a mark in the world. We strive to provide an environment that is basically sacred, and has a framework of discipline that is flexible, yet supportive, a freedom that allows students to learn even from their mistakes and to develop into strong confident and responsible person.

**Best Regards**  
*Pramita Gurung*  
*Vice Principal*  
*Prime Global School*

# Message from Ethics and Standards Officer

First and foremost, I would like to express my sincere gratitude to the Prime Educational Inc. for taking decision regarding the quarterly publication of our newsletter – Vrittanta:

Further, I want to share my warm gratitude to the tireless efforts of our Vrittanta: team, who work diligently to curate, craft, and deliver engaging content that enriches our understanding of the educational landscape, highlights our accomplishments, and showcases the exceptional talent within our Educational Inc. Your contributions have been instrumental in shaping the success of our newsletter- Vrittanta: 1st edition.

Vrittanta: cannot be overstated. It serves as a bridge that connects us all, regardless of our roles or departments, fostering a sense of unity and shared purpose. In today's rapidly evolving educational landscape, staying informed and connected is more crucial than ever. Vrittanta: plays a pivotal role in keeping us updated on our trends, best practices, and the latest developments in our organization. It empowers us to make informed decisions, inspire innovation, and celebrate our achievements. For the upcoming edition, we are aiming to take Vrittanta: to new heights by exploring fresh and innovative content ideas, articles, interviews, and stories related to our recent projects, accomplishments, and initiatives, students-staff-alumni spotlights, their achievement stories, new venture ideas & start-ups and many more. We encourage everyone to think outside the box and suggest topics, articles, or features that will captivate our readers and provide them with valuable insights into our organization.

Additionally, if you have any suggestions for improving the newsletter's design or distribution, please don't hesitate to share your ideas with our Vrittanta: team. Let's work together to make the upcoming Vrittanta: edition the best one yet. I am confident that, with your collective creativity and dedication, we will achieve great success.



**Best Regards**  
*Sushma Maharjan*





## **PRIME 3×3 INTER-SCHOOL BASKETBALL TOURNAMENT**

In a remarkable display of athletic expertise, the Prime 3×3 Inter-School Basketball Tournament held on August 8, 2023, reached its outstanding conclusion, with Radiant Public Boarding School emerging as the undeniable champions, showcasing their remarkable talent and tireless determination. It was a fiercely contested competition, with People's Academy securing the highly esteemed position of first runners-up.



The presence of Ms. Sadina Shrestha, the National Women's Basketball Captain, as the chief guest, added a touch of prestige to the event. We heartily congratulate all of the competing teams for their outstanding performances in the championship games, which reflected the real spirit of champions. This tournament celebrated the value of teamwork, dedication, and sportsmanship, leaving us all deeply inspired and proud.

3rd Bhadra, 2080



## **Yoga: A Wellness Gift for All at Prime Global School**

Prime Global School is dedicated to the well-being of our extended family – our students, parents, and the wider community. That's why we are excited to offer free yoga sessions daily from 5 a.m. to 7 a.m. which has started from 3rd Bhadra 2080. Yoga is a timeless practice that brings harmony to mind, body, and spirit. By opening our doors to all, we aim to promote physical and mental wellness.

We believe in nurturing not just young minds but also promoting overall well-being. Whether you're a student seeking balance between studies or a parent looking for peace, our yoga sessions are here to guide you. Join us for these reviving sessions and embark on a journey towards better physical and mental health. Your well-being matters to us.



6TH BHADRA, 2080

## Parents Dive into 'My School' Theme with Art and Craft

AT PRIME GLOBAL SCHOOL



This month, the theme was "My School," and the classrooms buzzed with excitement as parents joined their children in art and crafts activities. Our young artists transformed simple tissue rolls into colorful pencil cases, boosting their creativity and imagination. These hands-on experiences enhance their fine motor skills and instill a sense of pride in their creations. Moreover, the activity included engaging worksheets that encouraged our budding scholars to share their thoughts and feelings about the school. It was heartwarming to witness the children's enthusiasm as they painted vivid pictures of their school life with their words. This initiative not only allows parents to actively participate in their child's education but also fosters a sense of belonging to the school community. "Back to School" remains a cherished program at Prime

**A**t Prime Global School, our commitment to holistic education extends beyond the classroom. Our "Back to School" co-curricular activity, specially designed for parents of students from Nursery to Grade 3, continues to foster a strong bond between parents and children while actively involving them in the learning process.



Global School, promoting family involvement in education and creating enduring memories for our students and parents. We believe that education is a collaborative journey, and our back-to-school program perfectly embodies this philosophy. Stay tuned for more exciting activities and journeys of learning and bonding in the months to come.



# STUDENT SPOTLIGHT

## PRANJALI KANDEL

Grade 6 'B'

### My Achievement at Prime



Life is a long journey. Throughout these few months, I have achieved so much that I can't describe my happiness in words and Prime Global School has also played a vital role in all my achievements. A special thanks to my school. My experience throughout these months has been amazing and wonderful.

This year, I took part in 'Kids' Super Model' event organized by Everest Events. When I started the training, I was confident but after few days, I started feeling nervous, but I cheered myself up and I gave my best. This led me to win "Kids' Super Model 2023" season 2. I was very happy, and I shared my happiness with my biggest motivators, my parents. It was the best experience, and the teachers were also very kind and helpful. They helped me at every step of the event, and I also made some new friends at the event. Overall, my experience of modeling was great. It is not only about walking on the runways, but also about expressing our talent in a creative way.



I also participated in a cosplay event organized in our school on the auspicious occasion of Children's Day. I dressed up as a famous horror character named 'Annabelle'. I gave a short speech about my character and even performed a small act on the stage. I was surprised when I was announced as the winner of the cosplay event beating other talented performers.

I would like to thank my parents, all the teachers and my friends for being very supportive in both events. My parents were as amazed as I was. I am very thankful to my parents. I will remember these moments for lifetime.

# Good Touch, Bad Touch

## Promoting Safe Environments

27th Bhadra, 2080

In an effort to ensure the safety and well-being of students, Prime Global School organized an important and informative session on "Good Touch and Bad Touch" for its students. The initiative aimed to educate students on differentiating appropriate physical contact from inappropriate actions, empowering them with the knowledge to recognize and report any uncomfortable situations.

The session began with a warm welcome from the school vice-principal Pramita Gurung, emphasizing the school's commitment to creating a safe and nurturing environment for all students. The vice-principal stressed the importance of understanding boundaries and encouraged an open dialogue to address any concerns related to personal safety.



The discussion was led by trained counselors and professionals who outlined the concept of good touch, emphasizing examples such as a comforting hug, a high-five, or a handshake, which are all appropriate forms of physical interaction within appropriate contexts. Students were encouraged to recognize and appreciate these positive forms of contact.

Furthermore, the session covered the critical topic of bad touch, describing actions that make individuals feel uncomfortable, violated, or scared. Students were provided with clear examples of inappropriate touches, such as unwanted hugs, touching private body parts without consent, or any form of violence. The experts urged students to trust their instincts and speak up if they experienced any form of bad touch.

Importantly, students were educated on the significance of reporting such incidents to trusted adults, whether it be parents, teachers, or school counselors. They were reassured that their safety and well-being were of utmost importance, and any concerns would be treated seriously and with confidentiality.



Throughout the session, the importance of communication and establishing healthy boundaries was emphasized. Students were encouraged to have open conversations with their parents and guardians about these topics, fostering a culture of trust and understanding within the school community.

The event concluded with a Q&A session, allowing students to ask questions and seek further clarification on the topic. The school guaranteed to continue these informative sessions periodically, reinforcing the message of promoting safe environments and empowering students to advocate for their own safety and well-being.





# Celebrating Triumph

## KIDS SUPER MODEL 2023

9th Bhadra, 2080

We are thrilled to share the huge success of our outstanding students at the prestigious Kids Super Model 2023 competition, filling our school community with immense pride. In a display of talent, confidence and charisma, our students have emerged as shining stars this year. We congratulate **Ojasvi Adhikari, Pranjali Kadel, Prajna Maharjan, Prasanna Shrestha, Sadrish Pathak, Shrishta Rauniyar, and Samika Maharjan** for their exceptional achievements. They have not only brought pride to Prime Global School but also highlighted the importance of nurturing young talent, reflecting our commitment to recognizing and celebrating the potential within our student body. Join us in celebrating their dedication and hard work as they continue to shine on various platforms.



# MOMENT OF CELEBRATION

– 29th Bhadra, 2080

## OUTSTANDING TEACHERS AND STUDENTS SHINE ON CHILDREN'S DAY

On September 15th, Prime Global School marked Children's Day with cheerfulness. The event commenced with a captivating dance by teachers, setting an enchanting tone. The vice principal's speech and poem recitation followed, adding a touch of dignity. The real surprise came with teachers turning into actors, delivering compelling portrayals in a moving play, touching the hearts of all.

The event took an exciting turn as students took the stage, participating in a Cosplay and Roleplay competition, transforming the school into a world of fantasy. A Grade 6 student's portrayal of Annabelle stood out, earning her the first prize. As the curtains fell on this remarkable day, it became evident that teaching transcends traditional boundaries, leaving smiles and anticipation for future Children's Days. This celebration reaffirmed that education is not merely confined to textbooks and classrooms, but a profound journey of inspiration and hidden talents.







# Indra Jatra Celebration

10th Ashoj, 2080

On the occasion of Indra Jatra, the biggest and the most exciting religious street festival in Kathmandu, various cultural programs were organized by Prime Global School on the 10th of Ashoj. As the Indra Jatra ceremony held on the school premises, students and teachers participated in various Indra Jatra-related events. The whole Indra Jatra process was shown within a limited time. The program featured mask dances involving Lakhe, Pulukisi, and chariot processions. The drama, aiming to reveal the fascinating history behind this lively festival, stood out as the main highlight. All the teachers and students were dressed in costumes reflecting the Newari culture and enjoyed the Newari dishes. The whole celebration was so colourful and the rhythmic pulse of drums and other traditional instruments brought a sense of calmness to everyone's ears.



The school's environment was filled with full-on energy. It had really created the festive vibes. During the program, the school's principal, N P Sharma, emphasized that the cultural events held in the school on different occasions and festivals will enhance the student's cultural awareness and make it easier to support the growth of art and culture. He also conveyed his belief that such programs would contribute to strengthening unity among people. Furthermore, he extended his best wishes and congratulated everyone for the tremendous success of this program.

Under the guidance of Vice-Principal Pramita Gurung, both the teaching and non-teaching staff, along with the students put in tremendous effort. This ranged from creating props like Chariots and Pulukisi to executing every event with great enthusiasm. The school management had equally supported with the necessary arrangement. Great teamwork was seen during this whole process.



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# Public Speaking Club Activity

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Public speaking is an art that requires confidence, expressiveness, and the ability to captivate an audience. To develop self-confidence while speaking in public and to increase the ability to present oneself to a mass audience, the Public Speaking Club has been conducting various classes. In order to break the monotony of coming in front and giving a speech on a prescribed topic, the club has tried to introduce variety into the activities over the past three months.

The last three months have been exciting for the club members as they were assigned tasks on interesting topics such as linking words, reciting poetry, allocating good and bad habits, etc. The next task was more challenging, requiring students to be more creative. They were required to select a product and compose an advertisement, as well as deliver the act with conviction. This task allowed us to witness the creative side of the students and present themselves to a mass audience more confidently.

“**GREAT  
LEADERS  
are GREAT  
PUBLIC  
SPEAKERS.**”



The following activity they were given was to develop a story as part of a cooperative game. Students were divided into various groups, and each group was given a few minutes to create a story with a given ending: "And the rabbit laid an egg." This task turned out to be fun, as students came up with humorous twists and turns in the story to reach the given ending whereas in the junior club, each student surprised us with their special storytelling skills. The final activity they were assigned was impromptu speaking. One by one students were called in front of the class to deliver brief speeches, the topics of which were provided to them on the spot. This proved to be a bit challenging for them as they had to be spontaneous.

We are happy with the improvement of the club members. A series of memorable activities took place, igniting passion and empowering students to conquer their fear and find their voice. Their active participation and willingness to accomplish the assigned tasks have helped them evolve a lot as a public speaker.



# FACULTY

# SPOTLIGHT

Life as a School Nurse



## Surakshya Maharjan

My experience at school was very challenging and overcoming my personal struggles was not an easy task. While my nursing background includes a variety of setting (hospital, home health, health department) my true love and passion is within the school setting. As a school nurse, I'm enjoying the challenge of making each student visit an educational opportunity to teach health promotion, disease prevention and care for the medical needs of students on a daily basis. I've been taking care of daily health needs of students by providing minor first-aid care, caring for ill children and monitoring school health requirements for students.

It takes a perfect mix of art and science to work as a school nurse in the educational setting. Being only a medical professional within the walls of a school, I've a great deal of responsibility of those inside the school. I am ready to respond to a potential medical emergency at any given time. As a hospital nurse, I was tired of not having enough time to spend with family. The amazing bonus of working as a school nurse is the work time with a set schedule. Even though infirmary gets busy and chaotic, I've pleasure working with my dear students, student families and school staffs.

# HAPPY DASHAIN

In Nepal, the Dashain holiday season begins in late September. Dashain is one of Nepal's most auspicious festivals. During Dashain, we give and receive blessings as well as tika (vermillion) and dakshina (a money gift) offerings to our family members and close friends. Dashain is a fifteen-day holiday, with the first, seventh, eighth, ninth, and tenth days being particularly important for festivities.

On the day of Ghatasthapana, when we sow maize and sorghum seeds in sand and mud in a dark room where we practice religious worship, Dashain begins. The festival of Fulpati is observed with a formal ceremony in Tundikhel on the seventh day of Dashain. From Tundikhel, a Fulpati parade makes its way to the president of Nepal's house. The Maha Asthami, or eighth day of Dashain, is devoted to Goddess Kali, one of the incarnations of Goddess Durga. People around the nation offer goats, hens, and buffaloes as sacrifices in temples to appease the fiery goddess Kali. Lord Vishwakarma is worshipped on Mahanavami, the ninth day of Dashain.

On the ninth day of Dashain, people worship machinery, equipment, and automobiles. The Taleju Temple, whose doors are only opened to the general public during Mahanavami, is one of the festival's primary attractions. One of the most significant days for Nepalese people is Vijaya Dashami, which falls on the tenth day of Dashain. The elders apply tika and jamara to the youngsters. These are holy ceremonies because tika and jamara stand for blessings that are passed down from elders to younger generations. Dashain is a long holiday where people greet each other with festival greetings. It entails flying kites, wearing new clothes, enjoying yummy food, and spending quality time with family. In Hindu mythology, Dashain represents Goddess Durga's victory over the demonic Mahishasura. It denotes the Victory of good over evil.

Additionally, it stands for Lord Ram's victory against Ravan, the evil king. Goddess Durga conquered Mahishasura on the tenth day of Dashain, which is celebrated as Vijaya Dashami, after a nine-days of battle. Dashain is a holiday that denotes harmony and prosperity among countrymen. Dashain represented a break from schoolwork, a chance to shop for new clothes, and special moments spent with family.





# Returning Home with a Trophy

7th Ashoj, 2080

Prime Global School's boys' team made an impressive debut in an off-campus basketball tournament, securing second place in the BDS Inter School U-12 Mini Basketball Championship. The week-long competition, spanning from the 1st to the 7th of Ashwin, featured 12 boys' teams and 11 girls' teams from across Kathmandu Valley.

Guided by Coach Subash B.K., the 12-player team displayed significant growth throughout the tournament, honing their basketball skills and imbibing valuable life lessons in discipline and teamwork.

After defeating the host school, Bal Deeksha Sadan, in the Semi-Finals, Prime Global School faced Paragon Public School in the Finals. Despite Paragon's status as the favorites due to their dominant performance in the tournament, Prime Global School put up a competitive match.

Ultimately, Paragon emerged as the victors with a score of 25-17, granting Prime Global School the honor of their first-ever school-level tournament trophy, securing a commendable second position.

*Players: **Himansu Kadayat** (Player of the Match in Quarter-Final), **Shubham Karki** (Player of the match in Semi-Final), Binav Karki, Jayson Shrestha, Nischal Selalik, Prince Khadka, Rezal Maharjan, Robosh Shahi, Sakrin Maharjan, Sangam Karki, Shuvam Shahi and Sugam Poudel.*

# Social Club Activity



Social club is formed to make students responsible towards social issues. It leads the individual from their personal world to the level of understanding social values. So, social club focuses on; organizing different social awareness programmes. Every activity the club conducts will inspire students to develop a new outlook on life. They get the chance to develop and display their talents. Keeping these importance in mind, social club of Prime Global School had conducted different activities to build a child's characters like socialisation, skill development, discipline and leadership which can be highlighted from the following events :

**04/12**

### **Videos on eco-friendly habits**

To teach the importance of balanced and healthy environment.

**05/22**

### **Sukhawati Upcycling Centre**

To give the concept of 3'R'- reduce, reuse recycle and upcycling.

## **Junior Social Club**

**04/16**

### **Making cotton wick (kapasko batti)**

To encourage students to preserve our traditional norms and values.

**05/12**

### **Making tie**

To learn how to make it and to be responsible.





# #SCHOOL ACTIVITIES

# Activity Pictures



#CulinaryClub  
#ChatPatey



#CulinaryClub  
#WithMyFriends



#CulinaryClub #Yummy  
#Mango



#SocialClub  
#MyDad'sTie



#SocialClub #shy



#SocialClub #Dedication



#RakshyaBandhan  
#bonding



#RakshyaBandhan  
#brothers&sisters



#RakshyaBandhan  
#friends



# Activity Pictures



#KarkhanaActivity  
#Study



#KarkhanaActivity  
#Fun&Learn



#KarkhanaActivity  
#Crafty



#DigiEvent  
#ClassroomIdeas



#DigiEvent  
#CraftingLove



#DigiEvent  
#LearnTogether



# Activity Pictures



#KrishnaJanmashthami  
#Vrindavan



#KrishnaJanmashthami  
#KrishnaRadha



#KrishnaJanmashthami  
#LittleKrishna



#SciencePractical  
#Obseravtion



#SciencePractical  
#LabRoutine #BioLab



#SciencePractical  
#RatInTheJar





# Student Artworks



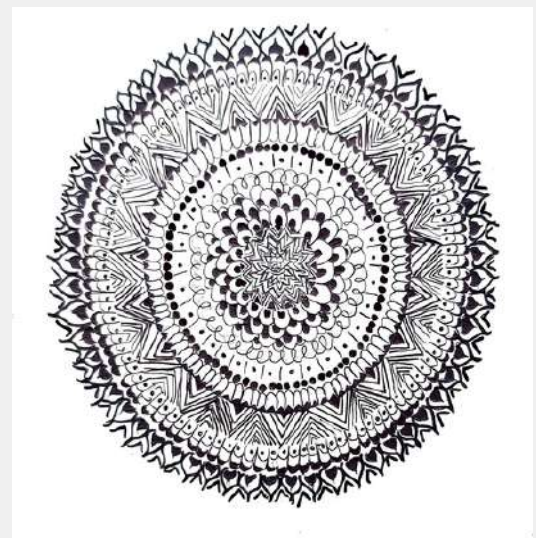
Simon Acharya  
Grade 7 'B'



Saaya Dangol  
Grade 6 'A'



Himanshu Kadayat  
Grade 7 'A'



Labika Thapa  
Grade 6 'A'

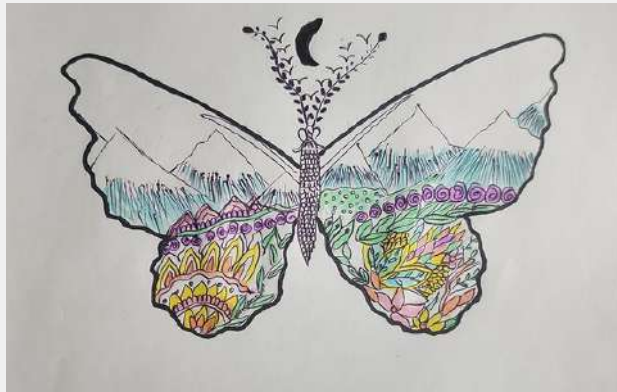
# Student Artworks



Ansh Shrestha  
Grade 6 'A'



Kinjal Bhandari  
Grade 6 'A'



Shelve Maharjan  
Grade 7 'A'



Yamila Shrestha  
Grade 5



Nimeesha Gurung  
Grade 5



**SCHOOL +2 PRINCE OF BRATS**





# ORIENTATION PROGRAM

*22nd Shrawan, 2080*

The Prime Orientation Program 2080 for Grade XI, held on August 7, 2023, was an exceptional day of learning and interaction that left our new students filled with joy and excitement. We extend our heartfelt gratitude to all the students who joined us for this event, as your presence added value and warmth to the program. Together, we embark on a journey towards success, and we are thrilled to have you with us every step of the way.

We also want to express our sincere appreciation to all the volunteers who generously contributed their time and effort to make this event a resounding success. Your hard work and dedication are truly commendable. To relive the memories and excitement of the day, we invite you to check out the pictures we've shared. Here's to a promising academic year ahead!





# Congratulations



Sahara Maharjan  
3.85 GPA



Unishma Baidhya  
3.68 GPA



Sadiksha Deula  
3.67 GPA



MD Aream Ansari  
3.66 GPA



Sabin Himalaya  
3.66 GPA



Simran Gupta  
3.62 GPA



Sebika Shrestha  
3.61 GPA




Rojan Man Bajracharya  
3.60 GPA

# Grade 12 Topppers

# FIRE SPIRIT (THE RAGE OF FIRE)

- Sujika Rai, Grade 11 "Management"



**Look!** A fire spirit. Why is she destroying everything and lighting up fire everywhere? Isn't she the kindest spirit among other spirits? Yes, you're right but for the answer to your question let's look onto the story.

Decades ago where humans and some mythical creatures used to live together. In earth there were four spirit fire, water, earth, and air. Everyone had their own speciality and protected the earth. But the people were scared of the fire spirit. They thought she could harm them if she got mad so they were scared and didn't bother fire spirit much. The fire spirit was sad but still she tends to help the humans and soon after people weren't scared of her anymore. The fire spirit pushed herself more to help humans and did many works more than the other spirits. All this spirit had their own God and their God saw how much hardworking the fire spirit is so, they decided to gift her something for her hardwork. One day the Gods held a meeting for all the spirits. They praised the fire spirit and they gave the fire spirit something. The fire spirit was so happy and she thanked the Gods. The gift given by the Gods was a small child. They knew she loved kids so, they gave her, her own child.



She named the child Yuma. She still worked but she had a kid now so, she hired a babysitter named Lilian to take care of her kid. She now started to come home early than usual to take care and play with her kid. Whenever she used to rescue or help someone they used to give her food, clothes, furniture etc. so there wasn't any problem in buying things. Yuma was a pure innocent child. She listened everything her mother or babysitter said to her and she also never asked for expensive gifts. Whereas, the fire spirit used to spoil Yuma with lots of toys, gifts etc. Many years passed and Yuma is finally going to school for the first time but the fire spirit was afraid of Yuma being in danger yet still she had to fulfill her daughter's wish.

One day the fire spirit comes home late and was really very exhausted. She calls Yuma's name a couple of times and thinks, "Hm... maybe she's asleep. Well it's already past 9 pm." She closes the main door and walks toward her daughter's room and sees all the light rooms are on. She again thinks, "If they were asleep they would have turned off the light. But it's probably nothing. Maybe Lilian forgot to turn off." She turns off the lights and heads to her daughter's room. She walks inside Yuma's room and saw that it was dark. She tried to switch on the lights when she tripped onto something. She thought it wasn't anything and ignored it then she turned on the light and started to look what did see trip into. She looked down only to find the babysitter and her daughter dead on the floor. Lilian was holding Yuma tight in her arms which means she protected her till she died. The fire spirit couldn't believe her eyes so she wiped her tears and started shaking them lightly and said "Hey, hey! Wake up.... I know this is a prank. This has to be a prank please wake up. Baby, Yuma please wake up." Tears rolls down to her cheeks. After crying for awhile the fire spirit wipes her tears and carries both Lilian and Yuma in her hands and walks in the silent night streets. After walking for a while she reaches the middle of the city. She slowly starts to put on a fire everywhere because of her anger.



The people of the city starts to run everywhere to save their own life. The rage of the fire spirit was really bad and her power burnt down the whole country. Many people died because of her anger. Other spirits tried to stop her but she was somehow unstoppable. The fire spirit destroyed everything that was near her. Even the Gods of the spirits regretted giving her a powerless human daughter. When the people were running a little girl fell on the road and started crying. The crying noises made the fire spirit come towards her. When she heard those crying noises it made her come back to senses slowly. That little girl reminded her of her daughter. But when she came back to senses it was too late. She saw what she did because of her anger and instantly regretted it. People were throwing rocks and eggs at her and said "Monster." Everyone said her monster but the little girl got closer to her and hugged her. The fire spirit couldn't control herself so she break down into tears and cried loudly. The whole city went silent and started feeling bad for her. When she was crying, the whole city started healing. We know dead people can't be back but the injured people were healed and no wounds were left. They were happy and look at the fire spirit but the smile on their face quickly disappeared. The fire spirit was turned into a stone while carrying dead Lilian and Yuma in her arms. It is said that she gave her own life spirit to city. Even if she got turned into a stoned, legends says that she's still protecting the city. People started to worship the stone statue of the fire spirit. They started cleaning. putting flowers and all. The end.

Unknown: Ah! That was a beautiful story I would like to listen more of this. But I've a question, why is your name similar to her daughter?

Unknown: Who knows maybe it's just a coincidence or maybe not.







# Welcome & Farewell Program

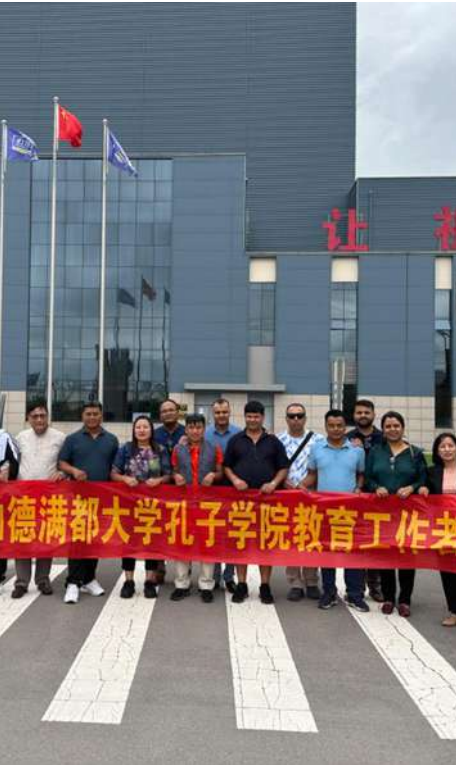
*24th Bhadra, 2080*

Prime Global School's Welcome & Farewell 2080 program was a night to remember, marking the end of one chapter and the beginning of another. We proudly crowned Ajma Maharjan as Miss Fresher 2080, while Pushpa Shrestha showcased exceptional talent, earning her the title of Miss Talent 2080. The evening was elevated by the enchanting voice of our esteemed alumnus, Mr. Ashish Rayamajhi, a contestant from The Voice of Nepal Season 4. This event encapsulated the vibrant spirit of our students and celebrated their journey with joy and pride.



# Faculty Spotlight

DINESH SHRESTHA



## Exploring the rich culture tapestry of China

The Journey marks the beginning of an extraordinary adventure – my sponsored trip to China! I am filled with a mix of anticipation, curiosity, and gratitude as I embark on this journey, made possible by the generous support of Confucius Institute at Kathmandu University and Prime College. This visit is especially unique as I was invited by the esteemed Hebei University professor and the Confucius Center for the Development of Chinese Language. It was an amazing opportunity to immerse myself in the vibrant Chinese culture and learn more about its rich history.

As soon as I arrived in China, I was immediately captivated by the bustling streets, filled with a symphony of sights, sounds, and smells. The vibrant energy of the city is infectious, and it's clear that there is so much to explore and discover here. The warm welcome I received from the Confucius Center made me feel right at home, and I am grateful for their hospitality.

China, with its blend of history, language and culture offer wealth of knowledge for innovation. As educators, we returned to Nepal not only with fond memories but also with new impression. This visit drastically changed our perception about Chinese society as we received wonderful hospitality with helpful attitude. We are highly encouraged by the future roadmap for new generation being adopted in the Chinese education system with culture of art for innovation.

This journey not only provided us with rich Chinese hospitality experience but it also enriched our minds with lot of knowledge of Chinese history and modern innovation. China has much to offer Nepal. This journey has not only been a summer camp; it was a transformative journey of learning for encouragement and innovation to Nepalese entrepreneurship.

A visit to Beijing and Hebei University was historic. We are filled profound appreciation for the significance of Chinese language and cultural education in Nepal. We have been inspired to foster cultural exchanges and educational collaborations between our organizations.

Cross-cultural experiences in bridging divides and building stronger connections between people to people. Our hearts are filled with gratitude for the warm hospitality of our hosts, and our minds are enriched with the knowledge and experiences gained during this remarkable journey.

The volunteers of Hebei University were so helpful and dedicated in our service that we can never forget them.





# Butterfly

They say we feel guilty if we do something bad.  
But how can we feel over something that was never in our hand?

I'm always surrounded by "You're so pretty" or  
"You could get all the boys". I know I should be grateful for that but I don't know how it was more like a sin for me.

Is that the only thing I'm known for?  
Really feels like putting lipstick on a pig sometimes but not allowed to say so cause apparently that would make me a "pick me".

There's a theory that says "butterflies can't see the colour of their own wings, so they never realize how pretty their wings are!"

If I knew what it takes to feel "pretty" inside I swear I'd run miles and miles just for it.

At the end of the day, I really hope and pray they don't feel guilty.

"Please don't feel guilty";

- Sujika Rai, Grade 11 "Management"



# Dashain

Beneath Nepal's Himalayan skies so blue.  
Dashain festival brings a joyful hue.  
With tika's touch and blessing from above,  
We gather 'round, bound by bonds of love.

Elders' wisdom, like a guiding light,  
Their blessings shine, so warm and bright.  
In homes adorned with colors, we partake,  
In feasts and laughter, joy we awake.

Kites soar high, a symbol in the air  
of triumph over darkness, we declare.  
In every heart, the spirit does remain,  
Dashain's love forever to sustain.

So let us sing and dance, rejoice and play,  
In Dashain's embrace, we find our way,  
A festival of unity and cheer,  
In Nepal's heart, we hold it dear.

- Subi Bajracharya

# Interesting Facts

- Binish Bhattarai, Grade 12 "Management"

- "Four" is only word in English language whose value is equal to its number of letters.
- According to researchers human dead skin cells are main cause of household dust.
- If a child's entire circulatory system were stretch it would be 60000 miles but by the time we become adult it would be 100000 miles.
- Bumblebee bat is smallest mammal of world, weighting around 1 to 2 grams, length of 1.1 to 1.3 inches and wingspan of 5 to 5.7 inches.
- Sudan has more pyramid than any country in the world with 255 discovered pyramid compared to Egypt which has 138 discovered pyramid.



- No number name before 1000 (thousand) contains the letter 'A', but there are plenty of E, I, O, and U's.
- Giraffe's tongue can be 20 inches long which are dark, bluish black in colour.
- The oldest known living land animal is a tortoise named Jonathan, who is about 192 years old. He was born in 1832 AD.
- Area of Russia is about 17.1 million km<sup>2</sup> which is slightly smaller than dwarf planet Pluto whose area is 17.7 million km<sup>2</sup>.
- We cannot land in Jupiter, Saturn, Uranus, and Neptune as they are gas giants and don't have any land surfaces.



# STUDENT ACHIEVEMENT

**AJMA MAHARJAN**

Grade 11

Winner of Miss Heritage  
International 2023



**TIMILA MAHARJAN**

Grade 11

Winner of Social Welfare Ambassador  
Chief -Miss Newa 1143



**DIPISA TAMANG**

Grade 11

1st Runner Up of Miss  
Heritage International 2023

# Student Artworks



- Sudika Ranjitkar



- Rupika Bajracharya



# CELEBRATING PRIMA 40





# INAUGURAL FOUNDER'S DAY CELEBRATION

*24th Shrawan, 2080*

As a new academic year began, our college embarked on a momentous journey by celebrating Founder's Day for the very first time on the occasion of the 23rd year of establishment. This day is more than just a festival; it represents a lovely blend of tradition and community spirit.

The highlight was the unfurling of our national flag, symbolizing our commitment to our country's values. Special Founders Day bookmarks were distributed, carrying inspiring messages for students and staff to carry with them on their educational journey. Sweets were shared among students, sweetening the bond of our college community. This momentous celebration embodied our commitment to academic excellence, cultural heritage, and unity.

As we take a moment to reflect on this historic celebration, let us remember the values that bind us and the aspirations that drive us forward. Let us cherish the sense of belonging that comes from being part of this vibrant college community. Founders Day has set the tone for an exciting academic year ahead, filled with learning, growth, and unity.

We thank each and every member of our college community for making this Founders Day celebration a memorable one. Together, we continue to write the story of our college's legacy, one page at a time.





# #PRIME WELLNESS CENTER ACTIVITIES



*19th Shrawan, 2080*

# **THE POSITIVE THINKING AND MOTIVATION SEMINAR**

Prime Wellness Team had the privilege of hosting a highly successful Positive Thinking and Motivational Seminar by the esteemed Dr. Tara Prasad Giri. The event, held at our college by our Wellness team and even for our prime family members, which was a resounding success.

Dr. Giri started by explaining the fundamentals of positive thinking, emphasizing its impact on mental health, productivity, and overall well-being. He shared scientific studies and real-life examples to drive home the importance of cultivating a positive mindset.

Dr. Giri's presentation covered various facets of positive thinking, including the power of affirmations, overcoming challenges, and effective goal setting. The feedback collected overwhelmingly expressed gratitude for the enlightening experience and the valuable insights gained. This seminar left attendees inspired and equipped to cultivate a positive mindset, not only in their personal lives but also within the workplace, reaffirming the importance of fostering a positive and productive work environment.



21st Shrawan, 2080

## MENTAL WELLNESS SESSION



Prime Wellness Team experienced a highly successful and enlightening Mental Wellness Session conducted by the esteemed PhD Scholar, Kripa Sigdel. The session, held in our Prime College premises, covered crucial topics such as stress management, coping strategies, and resilience building.

Ms. Sigdel's expertise and empathetic approach created an atmosphere of trust and active participation, leading to a transformative experience for all attendees. Participants left the session feeling empowered and equipped with practical tools to enhance their mental well-being. This event reinforced the importance of mental health in our personal and professional lives and inspired a renewed commitment to fostering a mentally healthy work environment.

**Presented by**

*Kripa Sigdel, PhD Scholar*

21st Shrawan, 2080

## REGULAR MEDITATION PRACTICE

Mindful Practices and Awareness Meditation sessions offered on a weekly basis to Prime Wellness Team is a transformative experience in cultivating mindfulness and meditation techniques. Participants were guided through practices that encouraged self-awareness and relaxation, fostering a deeper connection with the present moment. This session equipped attendees with practical tools to reduce stress, enhance focus, and improve overall well-being.



**Presented by**

*Ethics and Standard Officer*

The background features a light orange grid pattern. A large, thick orange arrow points from the left towards the right, starting from the bottom left and ending near the top right. The top and bottom edges of the image are filled with crumpled, textured paper in shades of orange and yellow. The text is centered vertically and horizontally over the grid and arrow.

# #PRIME CAREER CENTER ACTIVITIES





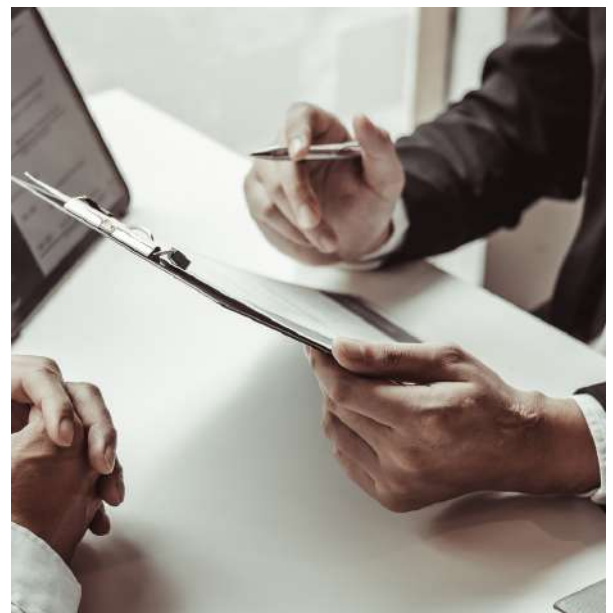
*29th Bhadra, 2080*

## **SESSION ON CV/ RESUME WRITING, COVER LETTER & OVERVIEW OF THE JOB MARKET IN NEPAL**

The Prime Career Center recently conducted an informative session for our 7th-semester students pursuing BBM, BIM, and BBA degrees in an effort to equip our students with crucial career building skills. Mr. Dipesh Khadgi, HR Manager of Danson Solutions Pvt. Ltd., expertly conducted the event, which turned out to be a turning point in our students' professional development.

Mr. Khadgi provided our students with important advice on how to write resumes and cover letters that stand out in the crowded employment market. Additionally, he gave students a thorough rundown of Nepal's dynamic labor market, assisting them in developing a better comprehension of the prospects and difficulties that lie ahead for them in the workplace. The lesson was an overwhelming success, and our kids are now well-equipped to face their future.

**Presented by**  
*Mr. Dipesh Khadgi*



5th Shrawan, 2080



## **Alaya Company Visit: Bridging the Gap Between Academia and Industry**

On July 21st, the BBA and BIM 2021 Batch commenced on a memorable visit to Alaya Company. During this enhancing experience, students had the privilege of interacting with Maya Thapa, a Talent Acquisition Specialist. Exploring various company departments, including Marketing, the Load Processing Unit, and Human Resource, provided invaluable insights into real-world corporate dynamics. This visit marked an important bridge between classroom learning and industry exposure.

16th Shrawan, 2080

## **LinkedIn Session: Unlocking the Power of Professional Networking**

Our recent LinkedIn session, led by MLRC Coordinator Niraj Thapa Magar, was a huge success. Participants learned about the importance of LinkedIn for students and gained insights into creating attractive profiles that attract potential employers. The session also covered strategies for building meaningful connections and using LinkedIn effectively for personal branding. We trust that this session has equipped our students with valuable tools for professional networking.







# #CLUB ACTIVITIES



# SUKUL SESSION VOL. 2: PRIME COLLEGE'S SPECTACULAR MUSICAL EXTRAVAGANZA

PRIME FLAIR HUB

*8th Bhadra, 2080*



The harmonious strains of music filled the air at 3/4 Bar and Cafe as we gathered for the enchanting Sukul Session Vol. 2. Organized by our passionate students of Prime Flair Hub, this event was an ode to the extraordinary talent within our college. From 5 PM to 10 PM, the intimate venue provided the perfect backdrop for an evening of intimate acoustic unplugged performances, allowing the audience to forge a deep connection with the artists.

Our own Prime College students, including Sakchyam Sthapit, Smarika Bajimaya, Pravat Shrestha, Sandesh Basnet, Sulav Paudel, and Amit Shrestha, graced the stage with heartfelt renditions that set the tone for an evening filled with soul-stirring melodies. The guest performers, including Amit Jung, Salil Maharjan, Charge 66, Delay, and the celebrated artist Prajina, took the event to new heights.

What was truly remarkable about Sukul Session Vol. 2 was the unwavering dedication of our audience. Despite unpredictable weather, our community came together, seated on traditional Nepali "sukul" mattresses, immersing themselves in the music and the sense of togetherness. This event beautifully illustrated the power of music to unite people and create cherished memories.

We extend heartfelt thanks to our sponsors, whose support made this event possible. This collaboration between Prime Flair Hub and the students showcased not only musical talent but also the spirit of unity and creativity within our college community.



# Master of Business

## Panel Discussion with Industry Titans

PRIME EMC

1st Shrawan, 2080

Many students question what is lacking despite their strong academic foundation. Some point to wisdom, while others emphasize practicality. With the aim of dispelling these doubts, Prime EMC organized a panel discussion with industry titans titled "Masters of Business" on **1st of Shrawan, 2080**. The event took place in the seminar hall and aimed to provide invaluable insights from esteemed professionals and aspiring entrepreneurs.

Three distinguished panelists graced the event. Our panelists included the co-founder of Makkuse and the titleholder of Miss Nepal 2019, Miss Anushka Shrestha; the founder of Ideapreneurship and well-known actor, Mr. Sanjog Koirala; and, of course, the MD & Co-founder of Arhant Solution, Mr. Kishor Dahal. The event commenced at 10:15 a.m. with a brief introduction of the panelists and an expression of gratitude towards the event sponsor, Kohana Nepal, initiated and owned by a student at Prime College.

Firstly, our moderator, Mr. Prabesh Adhikari, asked the panelists about their work life and their ideas on starting up early. Each panelist shared insights based on their major field and experiences. The industry tycoons shared their unique journeys and expertise, covering various topics such as insurance, financial literacy, entrepreneurship versus traditional employment, handling competition, and the importance of soft skills development. They emphasized that while many youths in Nepal aspire to become entrepreneurs, one must be mentally, financially, and emotionally capable of handling the associated challenges.

Finally, the event concluded with an interactive Q&A session where students asked questions about startups and future career planning. The Principal of Prime College, Mr. N P Sharma, expressed appreciation toward the guest panelists by presenting them with tokens of appreciation, Kohana gift hampers, and Prime goodies. In addition, a lucky student, Miss Hasila Lama, won the event giveaway and received a Kohana Mobile Stand from BBA & BIM coordinator, Mr. Rupendra Gopali. The event was skillfully moderated by Mr. Prabesh Adhikari, earning him the title of "One of the best moderators" from Miss Anushka Shrestha. The overall event was brilliantly organized and hosted by the team.





15th Bhadra, 2080

# Prime BizFest 2023

**A Blend of Passion, Knowledge, and Excellence!**

We are delighted to present the highlights of a remarkable event that illustrated the union of passion, knowledge, and innovation—Prime BizFest 2023. This wonderful event, organized by Prime Entrepreneurial Management Club, our dedicated student club, brought together visionaries and industry experts for an memorable experience.

The heart of Prime BizFest 2023 was the engaging panel discussion, 'Pursuing Passions Beyond 9 to 5.' Well-known figures from various fields, including Sushant Pradhan, CEO of The Physique Workshop, Riya Shrestha, Visionary Marketing Consultant, Elena Don, the Insta-sensation with a powerful message, and Saunak Bhatta, a Corporate Trainer, shared their personal journeys and insights into balancing their passions alongside traditional work hours. Guiding this enlightening conversation was the skilled moderation of Swastika Banskota, President of Prime EMC, ensuring an engaging and informative dialogue.

But that's not all! Prime BizFest 2023 offered even more exciting opportunities; A Job Fair for students featured various companies conducting interviews, not just for Prime College students but also from colleges across the wide range. It served as a golden opportunity for young talents to connect with potential employers.

Moreover, the event's vibrant garden area hosted a variety of stalls, from delicious food stalls to stylish clothing and beautiful woodcraft. These stalls provided our students with a fantastic experience and a chance to explore unique and delicious offerings.

This event exemplifies Prime College's commitment to excellence in education and empowerment, showcasing our mission to nurture talent, inspire dreams, and cultivate excellence.



# STUDENT SPOTLIGHT

## SUBHA THAPA

BBM 3rd Semester



I am Subha Thapa, a BBM student at Prime College. I come from Kalanki, Kathmandu and I am a financial enthusiast. To pursue my further career in the financial field, I decided to study BBM at Prime College

### **My opinion regarding Prime College:**

Joining Prime college was an easy decision for me. With excellence in academics, the extracurricular activities held at Prime helped me grow personally and academically. The exceptional academic programs, dedicated teachers, and the stimulating learning environment developed a deep passion for my field of study here at Prime. Prime has also helped in shaping me as a well-rounded individual by providing me various opportunities to express my knowledge and skills and enhancing my interpersonal skills.

### **My experience of being a “TU topper” in 1st semester examination:**

Securing the 1st position in 1st semester examination filled me with immense joy and a profound sense of accomplishment. After the hard work and determination throughout the semester, it was a welcome feeling of achieving what I had aimed for and was overwhelmed by the love and support I received from my well wishers. And in achieving this stature, I thank the teachers and faculty coordinator, Sushma Maharjan ma’am at Prime for guiding me throughout the semester.

### **Study tips:**

The main study tip from me would be to get a habit of reading. Whether it be course books, novels or any other books, getting into the habit of reading helps to stay disciplined in your studies, develop your vocabulary and also enhance your creativity and personal growth. Along with that, taking short breaks between study sessions helps to stay focused and motivated while studying.

# FACULTY SPOTLIGHT

**Niraj Khadka** (BSc. CSIT & BCA Faculty)

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**ROBOT CHALLENGE 2023**

In June, our team received an email inviting us to the Robot Challenge 2023, an international event held in China involving 24 nations. Excited by the opportunity to participate after the COVID-19 pandemic, we prepared for two competitions: Line following - Adult and Puck Collector. We built the robot bodies using MDF and carefully selected the necessary hardware. For line following, we used an 8-array line sensor and an Atmega328 microcontroller with a PID controller for precision. Despite slower motors from China, finally we secured the THIRD prize. In the Puck Collector competition, our team employed computer vision with OpenCV and equipped the robot with a camera to differentiate between red and blue pucks.



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We used a centerline to navigate and collect the pucks, with a color sensor and servo-activated gate mechanism to sort them. Our approach showcased the application of our institution's curriculum, combining Open CV, ARM programming, and concepts from their B.Sc. CSIT program. Our team achieved the FIRST prize in this competition. The competition day in China was very fun and a good learning experience and the strong learning that I experienced over there was that we are equally capable of designing and building robots as other developed countries are. Winning the prize, I would like to thank Prime College for giving me an opportunity to sharpen my knowledge regularly by giving me the chance to teach and mentor my fellow students..

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# STUDENT CLUB REFORMATION



On September 22, 2023 an important event took place as we gathered to witness the reformation of our student clubs. Five different student clubs, including Prime EMC, Prime Cultural Club, Prime IT Club, Prime Sports Club, and Prime Social Innovation Club, along with two hubs - Prime Flair Hub and Prime Esports Hub, came together for this remarkable occasion.

The highlight of the event was the heartfelt farewell extended to the outgoing student club executives, who have dedicated their time and effort to enhancing our campus life. Their contributions were celebrated, and they were wished the very best in their future attempts. A significant addition to this year's reformation was the introduction of the Student Club Achievers Awards, recognizing outstanding achievements within our student community.

The event was attended by more than 100 student club members, each of whom plays a vital role in shaping our vibrant campus community. It was a day filled with inspiration and enthusiasm as we celebrated the past, embraced the present, and looked forward to a promising future for our student clubs.

We extend our warmest congratulations to all award winners and express our gratitude to the outgoing executives for their dedicated service. The reformation of our student clubs marks a new chapter in our collective journey, and we can't wait to see the incredible contributions that lie ahead!



CLUB 25  
PRIME CHAPTER



PRIME FLAIR  
CLUB  
Since 2022





# Student Club Award



## **BEST EMERGING LEADERSHIP STUDENT AWARD:**

Presented to **Hasila Lama**, from Prime EMC in recognition of her excellent leadership qualities and commitment to our campus community.

## **BEST STUDENT CLUB EVENT:**

Awarded to the "**Panel Discussion - Master of Business**" organized by our Prime EMC.



## **BEST STUDENT CLUB:**

The prestigious title of "**Best Student Club**" was claimed by **Prime IT Club**, reflecting their extraordinary efforts in promoting innovation and technology on campus.

## **BEST STUDENT CLUB PRESIDENT:**

The outstanding leadership of Prime IT Club was further highlighted as they secured the "**Best Student Club President**" award. The award was presented to **Pramila Shrestha**.



# CLUB EXECUTIVE NIGHT

19th Ashoj, 2080



Club Executive Night, a remarkable event that took place at the venue At Rays Penthouse. This unique gathering brought together both outgoing and new executive members from seven distinct clubs and hubs within the college community, including the Prime Cultural Club, Prime Sports Club, Prime Social Innovation Club, Prime IT Club, Prime Entrepreneurial Management Club, Prime Flair Club, and Prime E-Sports Hub.

The primary aim of this evening was to foster deep connections and facilitate future collaborations among these dedicated and passionate students. As the night unfolded, it became clear that the event had achieved its goal splendidly. The executives, after concluding a tenure filled with hard work and unwavering dedication, came together to celebrate their achievements and rejuvenate their spirits for the exciting journey ahead.

Amidst the backdrop of the elegant At Rays Penthouse, the atmosphere was electric as students danced, sang to their favorite tunes, and shared hearty laughter. A highlight of the night was the pizza feast, where everyone came together to savor pizza slices and enjoy a karaoke session that added an extra layer of fun to the gathering. Club Executive Night will undoubtedly be etched in the memories of all those who attended. It not only marked a celebration of past accomplishments but also set the stage for future endeavors that promise to be even more impressive. As the college community looks ahead with enthusiasm and camaraderie, we can't help but feel that the bonds formed on this special night will continue to flourish, ensuring a bright and collaborative future for Prime College's diverse clubs and hubs.





# Fostering Skills Beyond the Classroom



In today's fast-paced world, educational institutions are increasingly recognizing the importance of not only looking after academic excellence but also equipping students with real-life skills that extend beyond the traditional classroom setting. With this visionary perspective in mind, Prime College has taken a significant step by introducing the Mathema Learning Resource Center (MLRC) as a dedicated department, focused on nurturing the overall development of students. At its core, MLRC is committed to the mission of transmitting practical, hands-on skills to students through a presentation of value-added courses, workshops, sessions, events, and bootcamps. These initiatives are thoughtfully designed to enhance both soft and hard skills, ensuring that students graduate not just with academic knowledge but also with the competencies required to succeed in the real world.

Since its establishment, MLRC, in collaboration with various student clubs at Prime College, has successfully hosted a remarkable count of over 110 activities. These activities have directly and indirectly contributed to the personal and professional growth of students, making Prime College an institution that goes beyond the ordinary.

Among the standout events and programs organized by MLRC, the Accounting Bootcamp has empowered students with financial awareness, while the Full Stack Development and Python with Django courses have equipped aspiring tech enthusiasts with the coding skills needed in today's tech-driven job market. The Python with Machine Learning workshop has explored into the area of artificial intelligence, nurturing future data scientists.



Meanwhile, the design thinking workshops have tapped into students' creativity, and Event Management has sharpened their organizational abilities.

MLRC doesn't stop at skill-building alone; it recognizes the importance of holistic development. That's why it has supported diverse events organized by our students' clubs like panel discussions, Graphics Design sessions, industrial tours, and even hiking trips, ensuring students develop a well-rounded perspective of the world. In an age where competitive spirit is predominant, MLRC has also opened doors for Prime College students to participate in inter-college competitions and events. The college's Futsal, Basketball, and Cricket teams have not just taken part but have also generated invaluable lessons in teamwork, discipline, and sportsmanship.

The Case Study Challenge and Hackathon events have put students' problem-solving abilities to the test, while the Band Competition and Speaking Challenge have nurtured talents beyond academics. The Entrepreneurship Challenge has encouraged students to think outside the box, and Esports Competitions have tapped into the booming world of competitive gaming. Through these inter-college endeavors, Prime College students not only demonstrate their skills but also learn and grow by competing with peers from other institutions, gaining exposure to diverse perspectives and experiences.

As Prime College continues to invest in the holistic development of its students through MLRC, it reaffirms its commitment to producing graduates who are not just academically sound but also well-prepared to face the challenges and opportunities that await them in the ever-evolving global arena. Join us on this exciting journey of growth, empowerment, and transformation at Prime College's Mathema Learning Resource Center. Your future success starts here.

- Niraj Thapa Magar  
MLRC Coordinator





**AN ALUMNI**

**IS NOT JUST**

**A GRADUATE,**

**BUT A PART**

**OF THE FAMILY**



# Alumni Spotlight

Getting to know **Comilina Bajracharya**



## How would you like to introduce yourself?

Hey there, Prime alumni!

I'm Comilina Bajracharya, and I'm here to add a little flavor to our alumni newsletter. Back in the day, I proudly donned the cap and gown as a member of the BBA Class 2017, majoring in Marketing. Since then, life's been quite an adventure!

## How did your college experience shape your career path and personal growth?

Every single day was a learning adventure for me. I was soaking up knowledge like a sponge, not just about textbooks and theories, but about life itself. I learned the art of communication, how to be an effective team player, and what it takes to be a reliable leader. But you know what? The most exciting part was getting to know myself on a whole new level - uncovering my strengths and understanding my weaknesses.

Those classroom discussions? They were like brain workouts that helped me shape my thinking. It's funny how all that theoretical stuff suddenly clicks when you see it in action and realize the real-world impact. And guess what? Thanks to the Prime EMC events, I didn't just stop at discussions. I got my hands dirty and put those ideas into action. It's amazing how it all came together!

And when I first stepped into the corporate world, I could see that change in myself, the way I was working a part of team, contributing my ideas and see it come to life. So, here's to learning, growing, and discovering more about ourselves every step of the way.







## What have you been up to since graduating from Prime College?

Picture this: I've danced through corporate world, working for some big-companies like Daraz and Barclays. and i've even hopped across the pond for some good ol'British education. But throughout it all, I've managed to keep that Prime spirit alive and kicking.

Remember those internship days we had in our final semester? Well, right after tossing my graduation cap at Prime College, I jumped into the professional world with a splash. I landed at a remarkable, impact-driven company called Anthropose, where I learned that giving back to my work gave it a profound sense of purpose. It was a solid foundation for my corporate journey.

In 2019, I made my way over to the Daraz team, diving headfirst into various roles in marketing. It was a bit like climbing a ladder, and by 2021, I proudly found myself perched atop it as the Head of Social Media. Things were rolling along wonderfully in the corporate world.

But, you know what they say about lifelong learners? Well, that's me! I still had that itch to hone my skills further. So, off I went to the UK to pursue my MSc in International Marketing. However, the adventure didn't stop there. While juggling studies, I had the incredible opportunity to work as a social media consultant for Daraz for three months from Scotland.

Fast forward two years, and I'm back in the vibrant land of Nepal, excited to reconnect. It's been a bit of a whirlwind, but I wouldn't have it any other way.



## **Can you tell us about your time at Prime? What were your major and extracurricular activities?**

Before I set foot in the vibrant world of Prime College, I had this itch for something different. I was hungry to stretch beyond my comfort zone and dive headfirst into the unknown. So, I did some digging and explored the awesome student clubs Prime had to offer.

Guess what? One club immediately stole my heart – the Prime Entrepreneurial Management Club. And let me tell you, those four years that followed were nothing short of an amazing rollercoaster of personal and professional growth.

From putting together epic events right within our college campus to taking our show on the road and organizing events for other colleges, it's been a wild ride. I've had the chance to rub shoulders with some incredible business pros, forge lifelong friendships, and even find myself a mentor along the way which actually helped me choose my major-Marketing in my last year of undergrad.

You could say that joining that club changed my life in ways I couldn't have imagined

## **Is there anything you wish you had known or done differently during your time abroad?**

Looking back, I'd say I should've taken more trips with my pals, you know, let my hair down a bit. But, honestly, I was so nose-deep in books and part-time work that I didn't give myself that break.

Now, when it comes to picking my university, I wish I had put in a tad more effort to explore my options. I should've dug deeper into different courses and scholarships offered by universities in various cities. Don't get me wrong, the University of Strathclyde is fantastic, and I was lucky enough to snag a scholarship. No complaints there!

But here's the twist - I landed in the post-COVID era, and most of the club activities were on pause. So, I should have made it my mission to seek out the ones that were still buzzing with life and become an active member or formed a new club for Nepalese community in itself.





## Could you share some of your notable career achievements and milestones?

I've always had this fiery passion for writing. It's something that truly gets my creative juices flowing. And guess what? Once upon a time, I had the fantastic opportunity to see my words come to life in *The Himalayan Times*. It was an article about an inspiring entrepreneurship session held for Prime +2 students, and I was the lucky one who got to put it all into words.

But that's not all. Fast forward to my final year of BBA, and there was this fantastic Business Ethics and Corporate Social Responsibility Training for Teachers session. It was a collaboration between the BBA Association, Prime College and the World Forum for Ethics in Nepal, and I along with other team members had the privilege of being a rapporteur for the event. Those were some of my standout moments during my undergrad days.

Now, after donning that graduation cap, I ventured into the corporate world with the awesome team at Anthropose. Together, we launched a brand-new eyewear collection designed right here in Nepal, and the best part? It helped fund an astounding 415 cataract surgeries in Dhading. Talk about making a difference!

Next stop: Daraz! I found myself in the midst of exciting campaigns, and one that stands out is the Facebook Live streaming for Converse Brand Day. Can you believe it garnered a whopping 72,000 shares in a single day? It was a first for the entire Daraz region. Following that, I worked my way up, focused on enhancing the quality and creating even more engaging live streams. And then, there's this heartwarming story from my time in the UK. I had transitioned to working at Barclays, and my daily interactions led to something truly special. I had a heartfelt conversation with an 82-year-old lady who had faced profound loss in her life. I couldn't change her past, but I could make her day a little brighter. I got permission to send her a bouquet of flowers for Mother's Day, and her response? "Because of people like you, I have not lost faith in humanity." It's moments like these that remind me why making an impact, no matter how small, is so darn important.

## What advice would you offer to current students who are navigating their academic journey or preparing for life after graduation?

Listen up because here's the deal: Life is just getting started, and it's going to throw some curveballs your way. You might face job rejections, have moments of self-doubt, and even find yourself questioning your path. But in the midst of all this, there's one golden rule—never give up on yourself.

It's time to break free from that comfy cocoon of yours and explore the different versions of yourself that are waiting to shine. Set some goals; they'll be your guiding stars, keeping you on track. And here's a little secret: never, ever compare yourself to others. It's a game you'll never win.

If someone tries to measure your journey against someone else's, just smile and say, "That's not how I envisioned my life." See, the key is to find what truly makes you happy and content. And, here's the kicker - surround yourself with a fantastic circle of people who support you for exactly who you are. They're your cheerleaders through thick and thin.

So, gear up, champs! Life's an adventure, and you're the hero of your own story but always remember to put yourself in other's shoes to get that perspective about anything in life.

## Are there any specific experiences at Prime that had a significant impact on your life or career?

Oh, it sure did! You see, I come from a good ol' working-class family. My dad was all about administration and finance, while my mom rocked her role as an IT officer in a bank. So, naturally, I thought I'd follow in their footsteps and pursue a degree in business administration.

But here's the twist: in the third year, you gotta pick your major to seal the deal. I was at a crossroads. Should I dive into the world of finance and follow the path to banking, just like my parents? Or, should I venture into the mysterious realm of marketing?

You see, I had this old-school notion that marketing was all about door-to-door sales. But then, fate had its say. We have this awesome annual event called ICT Meetup organized by Prime IT club, where professionals from all walks of life come to share their wisdom. They line up some sessions, and two caught my eye: one about a career in banking and the other mysteriously titled "ABC of Marketing."

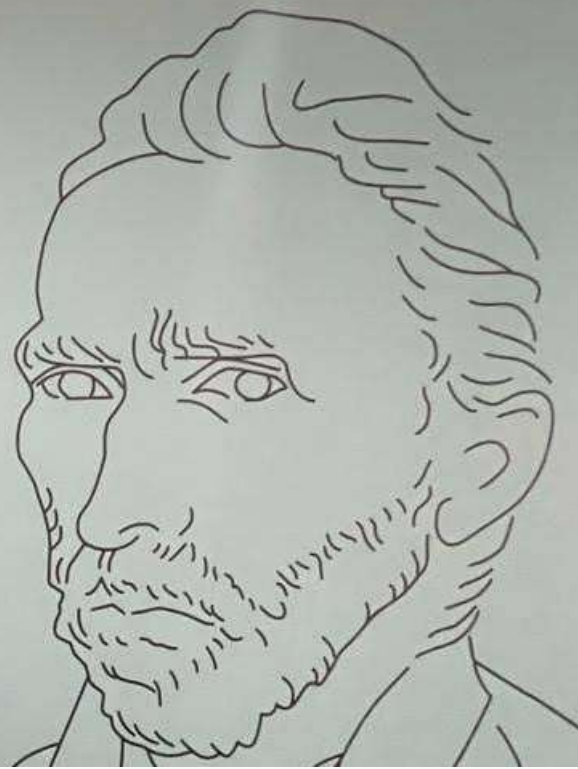
Naturally, I attended both sessions because I wanted to explore my options before making my big decision. But oh boy, that "ABC of Marketing" session changed everything. Our speaker, Mr. Abhisekh Maskey, was an absolute rock star. It was hands down the most interactive and enlightening session I'd ever experienced.

Lucky me, I got the chance to reach out to him afterward, and he's become one of my mentors and a source of endless inspiration. That session lit a spark in me, and from then on, my path was clear. It's been an epic journey ever since!

So, here's my advice to all of you: if you ever get the chance to attend sessions with speakers from different backgrounds, jump right in! Engage, ask questions, and have a good old fruitful conversation. Trust me, you'll always walk away with something new and exciting.

I CAN'T CHANGE THE FACT THAT MY PAINTINGS DON'T SELL. BUT THE TIME WILL COME WHEN PEOPLE WILL RECOGNISE THAT THEY ARE WORTH MORE THAN THE VALUE OF THE PAINTS USED IN THE PICTURE.

VINCENT VAN GOGH



## Have you encountered any challenges in your career journey, and how did you overcome them?

Life's like a rollercoaster, isn't it? One moment, everything's sailing smoothly, and the next, you hit a bump in the road. There are times when the tried-and-true stops working, and new ideas seem to fall flat. You're left scratching your head, wondering what went wrong. Trust me, I've been there too, and it can be a bit of a head-scratcher. But hey, here's the silver lining – challenges are just opportunities in disguise. The secret sauce that helped me conquer those tough times? Discussions and brainstorms with my awesome team. I can't stress enough how crucial they were in my career journey. I've been lucky to have the best teammates by my side, and I'll forever be grateful for their support.

Of course, it's not just about luck; I've always had a set of clear objectives and milestones to keep me and my team on the right track. Plus, mentoring played a massive role in my growth. Thanks to the network I built during my undergrad days, I had access to incredible mentors. We'd chat about curiosities over coffee or just see how they work – it was like a masterclass in real life.

And you know what else kept me grounded? Some awesome books! "Start with Why" by Simon Sinek and "Crush It" by Gary Vaynerchuk are my go-tos. They've helped me stay true to my values and beliefs.

Now, here's the twist in my story. I had to decide between staying put and pursuing my masters or heading abroad and starting fresh. It was a toughie, no doubt. But what eased my decision was the thought that the experiences I'd gain abroad would make me an even more valuable asset when I returned. I knew I could give back even more right here in Nepal.

So, there you have it, the ups, downs, and decisions that have shaped my journey so far.

## What motivated your decision to return home after your international studies or work experience? Were there specific factors that influenced your choice?

You know, I've always been someone with a strong drive for my career. Building a life in a foreign land? Well, let's just say it's a mix of hard work and a dash of luck thrown into the mix.

But here's the thing, I had to ask myself a big question: Where do I see myself career-wise, both abroad and in Nepal? Would I truly be happy and fulfilled in the field I was in? After some soul-searching, it hit me – I still had that burning desire to create a meaningful impact, and I felt that with my experience, it might be a bit challenging abroad.

You see, living overseas is a fantastic opportunity to learn and grow, but there are some downsides too. There are moments when you face discrimination based on your race and color, and trust me, it's not a pleasant experience. It can take a toll on your mental well-being, and you start questioning yourself and your abilities.

I've walked that path, faced those challenges, and it's made me even more resilient and determined. So, after weighing it all, I made the decision to return home for now, where I believe I can truly make a difference.





## **What was the most enjoyable and difficult aspect of adapting to life in a foreign country during your studies abroad?**

Oh, let me tell you, my time in the UK was nothing short of an eye-opener! Living abroad really gives you a crash course in self-discovery, especially when you're pushed out of your comfy cocoon.

By the time I made the call to pack my bags and head back home, I realized how much I'd grown as a person. When I first landed in the UK, the world was still navigating the post-COVID phase. Virtual classes were the norm for a good couple of months, which meant I missed out on getting to know my classmates in person. But then, things started looking up, and we finally had those good old face-to-face classes. Our sessions were mostly discussion-based, and boy, were they enlightening! We'd dive into the theory at first, but the second half was all about student-driven discussions, expertly moderated by our professors. And because it was an international bunch, the perspectives that came to the table were simply mind-blowing.

Now, I won't sugarcoat it; being away from home was tough, especially when it came to food. Oh, how I missed momo! And of course, the worry for my family back in Nepal was always there. But I also had this fear of missing out on everything happening in my friend circle. Funny thing is, I ended up catching up with my friends more often on calls than I ever did in Nepal.

Exploring the different nooks and crannies of UK cities with my buddies was undoubtedly the best part. I'll never forget the time when I took my first train ride from Glasgow to Liverpool, and the train decided to give up halfway! I missed my connecting train and found myself stranded at a station in the dead of night, all alone.

But, you know what? I mustered up the courage to approach a fellow traveler and asked where she was headed. Lucky for me, she was going to Liverpool too and graciously said, "Sure, you can travel with me. Good company is always welcome." Phew, I was relieved and grateful to have her as a companion. It's these kinds of memories that made the challenges of adjusting to life in a new country easier to bear.

## **How did your college experience shape your career path and personal growth?**

Every single day was a learning adventure for me. I was soaking up knowledge like a sponge, not just about textbooks and theories, but about life itself. I learned the art of communication, how to be an effective team player, and what it takes to be a reliable leader. But you know what? The most exciting part was getting to know myself on a whole new level - uncovering my strengths and understanding my weaknesses.

Those classroom discussions? They were like brain workouts that helped me shape my thinking. It's funny how all that theoretical stuff suddenly clicks when you see it in action and realize the real-world impact. And guess what? Thanks to the Prime EMC events, I didn't just stop at discussions. I got my hands dirty and put those ideas into action. It's amazing how it all came together! And when I first stepped into the corporate world, I could see that change in myself, the way I was working a part of team, contributing my ideas and see it come to life. So, here's to learning, growing, and discovering more about ourselves every step of the way.



## Finally, could you share your fondest memories at Prime?

You know, some things in life can't be neatly summed up, but if I had to pick, it would be the treasure trove of memories I've crafted with my fellow Prime EMC members from the Class of 2013. These incredible folks have become the rock-solid support system in my life.

One memory that stands out like a beacon is when we rallied together to organize a farewell event for our seniors back in 2016 I think. The preparation phase was a whirlwind of shenanigans and laughter, but we always managed to get things done. After the hard work was over, we'd head back home and dive into those deep, soul-searching conversations at 3 am. Those moments hold a special place in my heart.

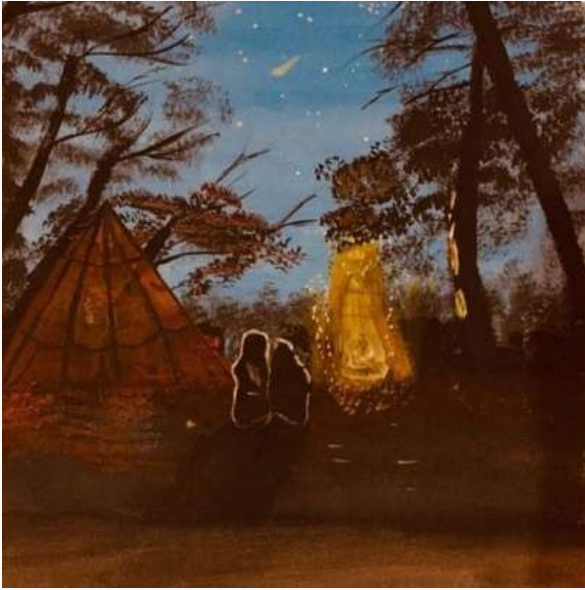
Then there are those unexpected friendships that sneak into your life. Like the time a friend walked up to me and said I looked mean to her, right to my face. Next thing I knew, we were the best of friends once she got to know me better.

And here's a gem from 2015 - I was helping out the club, collecting donations for earthquake victims. During one of those efforts, I met a friend who claimed she knew me from somewhere, even though it was our first encounter. While we were chatting away, an aftershock hit, and we sprinted for our lives. That adrenaline-packed moment bonded us for life.

I count myself blessed and endlessly grateful to have these amazing people in my life. They've added so much color to my journey.



# Art Gallery



Monalisa Rai  
BBA 7th Sem



Sorni Barjacharya  
BBA 7th Sem



Rubika Shakya  
BBA 7th Sem



Prajula Tuladhar  
BBA 7th Sem

# Photography



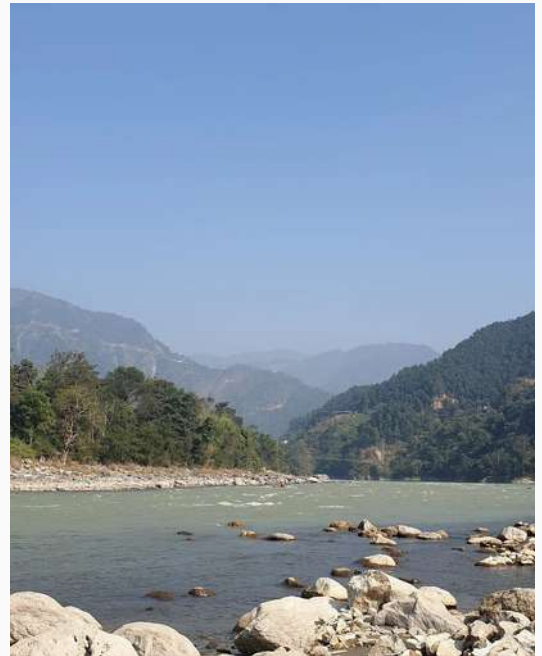
Reason Basnet  
BBA 6th Sem



Smriti Dumre  
BBA 7th Sem



Aarjab Maharjan  
BIM Alumni



Rubika Shakya  
BBA 7th Sem



Rubina Shakya  
BBA 7th Sem



Smriti Maharjan  
BBA 7th Sem



# Life at Prime



**Mehendi Utsav – 2nd Shrawan, 2080**



**BBM 5th Semester Trip – Trishuli River Side Resort**



**Tree Plantation – 4th Shrawan, 2080**





**Education Fair - 5th Bhadra, 2080**



**GIS Workshop - 13th Bhadra, 2080**



**Water Distribution Program - 14th Bhadra, 2080**



# APPRECIATION AVENUE

As we turn the final page of initial edition of Vrittanta: , it fills us with immense pride and gratitude to express our heartfelt thanks to each and every one of you who contributed to this remarkable attempt.

The journey from concept to creation has been nothing short of inspiring. We embarked on this venture with a vision of fostering creativity, encouraging expression, and providing a platform for our talented student body to shine. The first edition of Vrittanta: is a testament to your unwavering dedication and passion.

From concept to creation, this journey has been inspiring. Your dedication, creativity, and hard work are the pillars on which this magazine stands. Writers, photographers, editors, designers - each of you played a crucial role in showcasing the vibrant spirit of our college.

A special thanks to the editorial team for their meticulous work and commitment to quality. We also want to express our appreciation to our Ethics and Standards Office (ESO) and Marketing, Public Relations & Event (MPRE) Department of Prime College who guided us throughout. To our readers, your enthusiasm is our motivation to continue producing inspiring editions of Vrittanta:

As we close this chapter, we look forward to the stories, art, and creativity that the future holds. The first edition has set a high standard, and We are confident that the subsequent editions will surpass it.

Thank you **Rojina Ghimire, Rubika Shakya, Rubina Shakya, Rusha Napit, Smriti Dumre, Smriti Maharjan** for your incredible efforts in bringing Vrittanta: to life. Let's continue to inspire, entertain, and enlighten through words and art.

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# CONNECT WITH US

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