



Stay informed, Stay inspired

Magh-Chaitra 2080



INITIATE . EXPLORE . INNOVATE

Photography By: Rajiv Shrestha BIM 6th Semester





Playgroup to Grade 10

+2 Management, Science, Humanities





BBA, BIM, BBS, BBM, BCA, BSc. CSIT, MBS

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INSIDE

PGS HIGHLIGHTS







PRIME FUN FIESTA | 27th Magh, 2080







SARASWOTI PUJA | 2nd Falgun, 2080





VISIT TO ART GALLERY | 10th Falgun, 2080







7th Aruni Cup Interschool

Table Tennis Championship 2080 | 14th Falgun, 2080







SEE FAREWELL | 8th Chaitra, 2080







UKG GRADUATION | 20th Chaitra, 2080

+2 HIGHLIGHTS

COMMUNICATION SKILL | Falgun, 2080







HIKE TO JAMACHO | Falgun, 2080











PRIME WINS AT XAVIER STEM ADVENTURE | Chaitra, 2080







HOTEL MANAGEMENT STUDENT'S FIELD VISIT | Chaitra, 2080

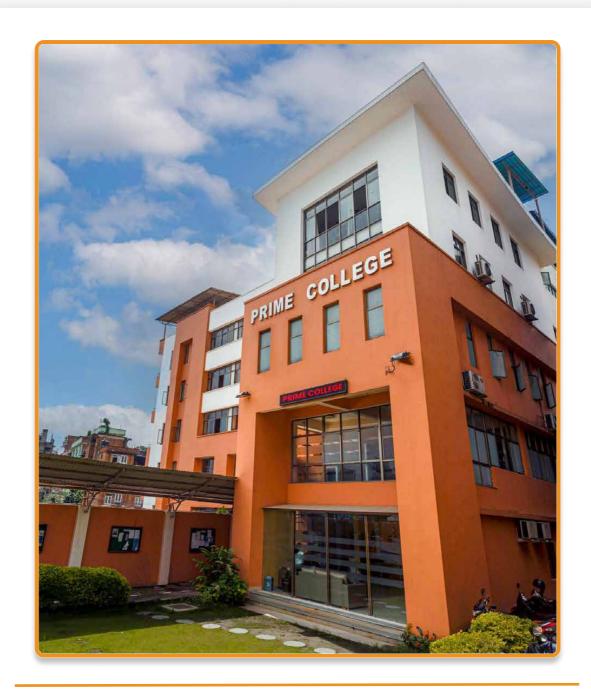












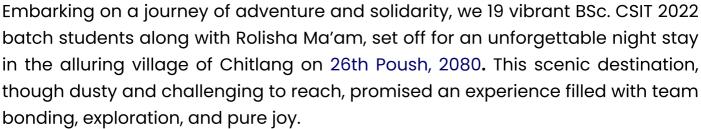
PRIME COLLEGE SECTION

A Memorable Getaway to

CHITLANG

Samyukta Silakar

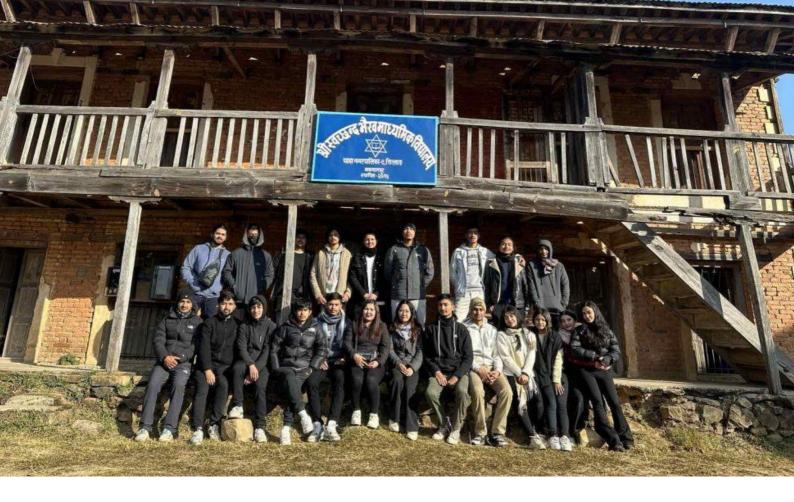
Office Assistant, BSc. CSIT and BCA





The journey commenced with the lively group playing music and dancing on the bus. Despite the less-than-ideal road conditions, we reached Chitlang at around 2 pm. Our accommodation for the night was the spacious Chitlang Organic Village Resort. We took a short stroll, indulging tranquility of the winter landscape. An entertaining game of "Blindfold pot breaking" was organized to foster team bonding, where I proudly emerged victorious. The vast resort grounds allowed us to explore a nearby forest, treating our eyes to breathtaking scenery. As the temperature dropped, a campfire was lit accompanied by music, dancing, heartfelt and singing.





Waking up to the crisp morning air at 6 am, we readied ourselves for a day of exploration. A guided hike to Chitlang village and its historic Durbar Square commenced where our knowledgeable local guide shared insights into Chitlang's history and the origin of its name. The hike took us to SatDhara, where the legendary Mahakavi Laxmi Prasad Devkota composed the enchanting poem "Yatri." Our journey continued to the Goat Cheese Factory and revealed the exciting addition of adventurous paragliding in Chitlang. The exploration didn't end there – a visit to the famous Quad Bike and a glimpse of the thriving adventurous spirit of Chitlang left us fascinated.

After returning to the resort after the hike, we headed to Markhu for a thrilling 20-minute boating session. The scenic beauty and tranquility of the surroundings made the experience truly enchanting.

We reluctantly bid farewell to the charm of Chitlang, returning to Kathmandu with hearts full of cherished memories. This trip, marked by music, dance, campfires, hikes, and exploration, stands as one of the first and most memorable adventures in the lives of both students and staff alike. A witness to the beauty of teamwork, the Chitlang experience will forever hold a special place in our hearts.

THE STORY YELLERS



2nd Magh, 2080

Story Yellers, organized by **Prime EMC**, was a captivating event held on January 16, 2024. This event provided a unique platform for individuals to share their personal stories and experiences. It was a celebration of the diverse narratives that shape the lives of the community members.

The event featured a lineup of speakers who shared their stories, ranging from small victories and valuable life lessons to moments of pure joy. Among the speakers were Alan Jung Thapa, a renowned stand-up comedian who infused humor into his storytelling, Bishal Tiruwa, a student whose experiences resonated with many, and Samip Kafle, the founder of Vanity Men and a student, who shared insights from his journey.



With over 60 participants in attendance, Story Yellers fostered an atmosphere of openness, empathy, and connection. It provided a platform for individuals to express themselves authentically and to connect with others through shared experiences.

Additionally, the event featured a surprise guest speaker who added an extra layer of excitement and entertainment to the evening, making it a truly memorable experience for all who attended.

Overall, Story Yellers was a celebration of human experiences, resilience, and the power of storytelling to bring people together. It left a lasting impact on the attendees, inspiring them to continue sharing their stories and connecting with others in meaningful ways.







Intra Basketball Tournament

The Basketball Intra **Tournament** organized by Prime Sports Club held on 26th 27th January and was The exhilarating event. tournament aimed to provide a platform for students to display their basketball skills, passion for the game, and spirit of teamwork.





With over 70 participants from various faculties, the tournament fostered a sense of healthy competition and camaraderie among the students. Teams competed in intense 5v5 matches, displaying their athleticism, strategy, and sportsmanship on the court.

The BSc. CSIT boys and senior girls emerged as the winners, with the BCA boys securing the first runner-up position. It was a memorable event that brought students together and highlighted the importance of sportsmanship and teamwork in achieving success both on and off the court.

Kalinchowk Peaks: A Serene Adventure

25th Magh, 2080

We set out on an exhilarating two-day adventure to the breathtaking Kalinchowk peaks, seeking a break from Kathmandu's chaos and embracing the serenity of the Himalayan landscape. The increasing altitude throughout the journey gave us breathtaking views of numerous mountains, their majestic peaks rising proudly against the sky. Despite the chill in the air, the sight of these natural wonders made us feel warm and amazed. We wasted no time involving ourselves in the spirit of adventure.

The holy Kalinchowk Temple welcomed us with an awe-inspiring sight: the sun rising over the horizon, casting golden rays on the mountains and forests below. From Kalinchowk, we could see an abundance of peaks, including Gaurishankar, Langtang, and Ganesh Himal, each adding to the beauty of the landscape.



After enjoying the breathtaking views, we had to say goodbye to the charming Kuri village where we had stayed. As we descended the hills, we were covered in a magical fog which added to the allure of the journey. The trip was truly unforgettable because of how close to nature we were with our friends. It was an adventure we will always treasure, from the amazing scenery to the friendly moments.

We went to Kalinchowk on a journey of self-discovery, friendship, and appreciation for the beauty of nature, not just to see the sights. We found inspiration, comfort, and a fresh sense of wonder in the lap of the mountains.

Lipika MaharjanBBA 3rd Semester



Field trip to CHITWAN

Shruti Shrestha

BBA 4th Semester

The expedition to Chitwan unfolds as a mesmerizing blend of nature's splendor and the vibrant Tharu culture. Amid Nepal's rugged terrain, with the towering Himalayas as a backdrop, the journey transitions into the serene expanse of Chitwan National Park. Here, verdant forests, meandering rivers, and expansive grasslands provide a backdrop for an immersive exploration of both natural beauty and cultural richness.

At the core of the expedition lies the desire to unveil the intricacies of Tharu heritage. The traditional Tharu village, with its mud and straw dwellings, serves as a testament to their sustainable way of life and tight-knit community bonds. Through encounters with Tharu customs, including dynamic dances and festive traditions such as Maghi, the adventurers gain insights into the resilience and vibrancy of a culture deeply rooted in the land.

Guided by local experts, the expedition delves into the park's diverse ecosystems, encountering a plethora of wildlife. From exhilarating safaris to captivating cultural performances, each moment underscores the profound connection between humans and nature in this remote region of Nepal. Departing Chitwan, the explorers carry with them cherished memories and a renewed appreciation for the enduring harmony between cultural heritage and ecological conservation.

STUDENT SPOTLIGHT

"Reflections on My College Journey at Prime"

The college experience encompasses a blend of academic pursuits, social interactions, and personal evolution. As a current student navigating this dynamic environment, I encountered a range of emotions and discoveries. From the excitement of intellectual engagement to the pressures of academic demands, my journey through university has been profoundly transformative.

As a student enrolled at Prime College, I've observed that the institution places a strong emphasis on both academic studies and practical skill development. This includes participation in extracurricular and co-curricular activities, specialized courses in IT and management, alongside membership in



Swastika DaliBBS 4th Year, Batch 2076

various clubs aimed at fostering leadership and social skills. Plus, they have the Prime Career Center, which helps students find jobs, internships, and other career opportunities. Prime College is all about helping students succeed in their future careers.

Prime meets the requirement for students like me who are always looking for new opportunities and are eager to learn. With the support of friendly teachers and mentors I have grown into becoming the confident person I had envisioned. I think I have made the right decision by joining Prime College.

In conclusion, being a college student has been a mix of emotions, there are good times and tough times, successes and obstacles, happy moments, and difficult ones. But through everything, I'm thankful for the chance to develop, learn, and become the person I want to be. As I keep going through college, I welcome each new experience, knowing that the lessons I learn and the memories I create will stick with me forever.

The Kathmandu Valley Tour!

Fresh Faces, New City, Epic Adventure
7th Falgun, 2080 | MLRC

Moving to a new city can be overwhelming, especially without familiar faces. Prime College understands this, which is why they launched their Kathmandu Valley Tour specifically for the freshers.

This initiative immerses newcomers in the vibrant culture and history of Kathmandu. Imagine snapping selfies with the colossal sleeping Vishnu statue at Budhanilkantha and marveling at the towering Boudhanath Stupa – all in a single, unforgettable afternoon!







Prime College's Kathmandu Valley Tour goes beyond sightseeing to foster a sense of camaraderie amongst freshers. By exploring the city together, these new classmates forge meaningful connections, transforming them into friends ready to conquer their new academic journey.

College Culture:

Prime College is dedicated to creating a supportive and welcoming environment. Through this tour, this commitment is exemplified by:

- Facilitating exploration
- Building connections
- Boosting confidence

SPEAK UP NEPAL

...because your voice matters

11th Falgun, 2080

Speak Up Nepal is a new digital platform designed to empower individuals across Nepal to express their views, share their personal experiences, and engage in meaningful discussions on a wide range of current issues, society, culture, etc., through its ease of use. Through the interactive features, Speak Up Nepal provides a safe and inclusive space where people from diverse backgrounds can meet and have productive conversations.





Prime Flair Club in collaboration with Speak Up Nepal held a session on February 23, 2024. The meeting was attended by students of Prime College and two guest speakers of Speak Up Nepal. These sessions were held to empower college seniors to effectively communicate our inner thoughts and concerns.

The main objective of the program was to teach young people how to use technology to influence public issues. It was a successful event where the audience learned about the power of technology to break down boundaries and connect geographical differences, enabling people from all over Nepal to communicate, collaborate and share ideas.



THROWBACK TO ICT MEETUP V7.0



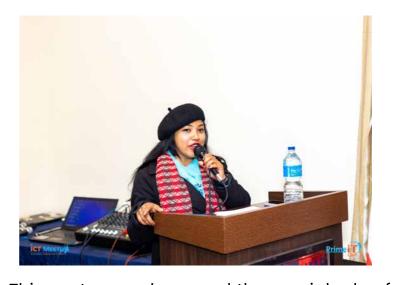
The ICT Meetup, **Prime IT Club**'s flagship event since 2012, has become a cornerstone of technological collaboration in Nepal. The ICT Meetup V7.0, organized by Prime IT Club,, is all about innovation with its theme "Al Innovation: Sculpting a Smarter Tomorrow." The meetup serves as a dynamic platform, offering a spectrum of activities ranging from hands-on training sessions to insightful seminars. This two-day event brought together tech enthusiasts, professionals, and students to celebrate and explore the exciting world of Information and Communication Technology (ICT).



Day 1

The opening day of ICT Meetup V7.0 was а celebration of technological enthusiasm collaborative learning, seamlessly blending hands-on experiences and insightful workshops. The "Ideathon", a captivating preworkshop, event marked the commencement of the two-day event, serving as a platform for participants in to engage empathy-driven ideation.

The significance of the day was further elevated by the presence of Deputy Mayor Sunita Dangol of Kathmandu Metropolitan City who graced the occasion with the ceremonial lighting of the Panas.



This gesture underscored the crucial role of collaboration between local authorities and enthusiasts. Throughout the tech attendees had the opportunity to engage in a diverse array of activities, including a panel discussion, enlightening sessions and hands-on workshops. Workshops covered cutting-edge topics such as computer prompt engineering, vision and being conducted in partnership with **Fuse** Machines.



In addition to workshops, participants engaged in sessions on AI in finance, research paper reading, game development trends and AI's impact on the development process. Adding a delightful touch to the day were the stalls partnered with Ambo Momo, Froker, Spices, Chiya Adda, Ather, Backseat Gaming, Viral Fashion Nepal, Hamro Patro, Bobo Egames, Korean Kini, Dipln Donuts and Gokarna House. The day featured an exciting Digital Scavenger Hunt. As participants engaged in enjoyment, the day unfolded as a full exploration of the ICT industry.

Day 2





The morning kicked off with a burst of energy as participants geared up for the highly anticipated Graphic Designing competition. Simultaneously, the gaming alive with the **Valorant** arena came finals, competition captivating enthusiasts with intense battles strategic gameplay on full display. The fusion of technology and competitive gaming added an electric atmosphere, creating thrilling moments for participants and spectators alike.





The excitement hit its peak during the Project Demonstration competition, where participants showcased innovative ideas to solve real-world problems. Workshops covered advanced topics like NLP and Data Science. The event buzzed with energy, as there was an award ceremony moment which was a special time to thank sponsors, competition winners and pre-event facilitators for their hard work.

Undoubtedly, one of the highlights that resonated with attendees during ICT Meetup V7.0 was the enchanting ICT Musical Night—a mesmerizing closing ceremony to the event. The dedication of Prime IT Club members underscored the success of the event. The success of this event, filled with lively games, exciting competitions, enriching workshops, and more, is a true reflection of the passion and dedication of each member brought to the table.





PRIME WELLNESS TEAM

Empowering through Positivity

As a member of the "Prime Wellness team," my journey towards life took a new turn. From an early age, I always had a passion for staying fit, a good diet, a bright outlook on life, being systematized, and appreciation for what I have. Wellness directs one to get better every day. The wellness team is one of the most remarkable chapters in my life as it solidified my passion of continuous self-improvement.

The wellness center provides a distinct pattern of convenience including fitness classes, yoga, meditation, and spiritual knowledge, which have not only strengthened physical well-being but also had a positive impact on my mental health. The members of the team boast a friendly persona uplifting the incentive ambiance where everyone has relevant involvement. The proficient execution of the workforce seems advantageous for my journey of wholesome living as it advocates for us to formulate good habits and break the bad ones.

I am thankful for the assistance of the wellness team as it has given me the ability to enrich my beliefs in the power of positivity, gratitude, self-belief, and growth mindset and mindfulness to my happiness. The wellness team put forward with sustenance to empower us to see the change that we want to drive our lives is indeed possible. I am enthusiastic to learn more from the journey with this team.

Nikita Dhakal BBA, 6th semester

FACULTY SPOTLIGHT



KAMANA GHIMIRE

(BSc. CSIT)

"From Eager Learner to Guiding Light."

Prime College served not only as an educational foundation for me but also as a gateway into the realm of Computer Science and Information Technology. My journey commenced as a student, and now I find myself returning as a content lecturer. Prime College wasn't solely a center for learning; it was a pivotal launchpad propelling me into the dynamic field of Computer Science and Information Technology.

Prime College provided valuable opportunities to hone my practical skills. This foundation equipped me to excel in the software development industry, where I gained valuable experience working in various companies. However, the desire to share my knowledge never left me and I returned to that esteemed institution as a part-time lecturer. I have the privilege of guiding the next generation of students which allowed me to deepen my understanding of the subject through teaching. Currently, I am working as a part-time lecturer at Prime College, South Western College, and White Field College. All this was possible for me with the help and proper guidance from Prime College.

I am forever grateful to Prime College for providing me with a better environment to build my knowledge and skills that launched not only my CSIT journey but also after the completion of my course.



Empowering Women in ICT

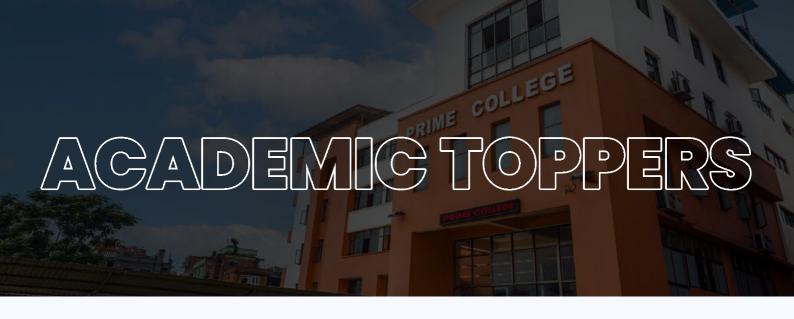
WIIT and **Prime IT Club** joined forces to celebrate International Women's Day with a thought-provoking round table discussion with the "Invest in Her: Men as Co-partners to Empower Women in ICT," engaged 70 participants across various age groups. The dynamic atmosphere fostered open dialogue through two sessions. This collaborative effort underscored the pivotal role of men as co-partners in advancing gender equality and empowerment within the Information and Communication Technology sector.

The event highlighted the lack of women's empowerment in ICT, societal biases, and the need for men's support for feminism. The event continued with a round table discussion, engaging participants on crucial topics facilitated by dedicated advisors. The event's second part was a lively round table discussion where participants from each of the six tables shared their views on the topics.





The International Women's Day celebration organized by WIIT and Prime IT Club was a resounding success strengthening the ongoing commitment to fostering inclusivity, gender equality, and empowerment in the tech sector, paving the way for future endeavors and initiatives in this crucial space.



Batch 2075

8th SEMESTER

BCA Rupesh Shahi 3.60

Batch 2078

3rd SEMESTER

BBM Lipsu Maharjan 3.95BBA Sumisha Maharjan 3.95BIM Prasid Shahi 3.86CSIT Srijan Joshi 79.8%

Batch 2077

5th SEMESTER

BIM Dixika Shrestha 3.83BBA Wanshika Shrestha 3.90BBM Deebin Shrestha 3.78

Batch 2079

2nd SEMESTER

BBA Luniva Gorkhali 3.91BIM Ashwin Maharjan 3.71CSIT Nirdesh Joshi 3.60

Batch 2079

1st SEMESTER

BCA Bibisha Adhikari 3.58

Batch 2079

1st SEMESTER

MBS Anjali Khanal 3.54



Ink and Imagination was a wonderful poetry event held at Prime College's seminar hall, starting at 3:00 p.m. and ending at 6:00 p.m. Organized by **Prime Flair Club**, it was a special gathering on March 21, 2024, to celebrate World Poetry Day. With students from Prime College in attendance, along with other poetry enthusiasts, it was a cozy and welcoming atmosphere. The event featured eleven participants, including Munu Adhikari, a poet known for his appearances on 'The Poet Idol' reality show in Nepal.

It was a time for sharing emotions and experiences through poetry. Each poet, from diverse backgrounds, expressed their thoughts on love, nature, and life. The audience listened attentively, connecting with the heartfelt words spoken on stage. As the event unfolded, it became

a beautiful tapestry of emotions, showing the power of poetry to bring people together. Ink and Imagination reminded everyone present of the joy and beauty found in words, and how they can unite us all, no matter our differences.





STUDENT OF THE BATCH



NEWKRITI GAUTAM

BBA, 2075

Reflecting on my journey to becoming the batch winner, I must emphasize that it was truly a collective effort. While I appreciate your request for a defining moment, it wasn't just one moment but rather a series of experiences and the unwavering support of my friends and teacher that propelled me forward.

So, while I am grateful for the recognition, I must humbly acknowledge that the credit for this achievement truly belongs to my friends and teachers for instilling the confidence and determination in me to pursue excellence. Without their unwavering support and guidance, I wouldn't have been able to accomplish what I did.

PRAMILA SHRESTHA

BSc. CSIT, 2075

I am overwhelmed with gratitude and joy to have been named Student of the Batch. This recognition means the world to me, and I wanted to express my heartfelt thanks to each of you who has been a part of my journey. First and foremost, I owe this achievement to the unwavering support and guidance of my coordinator, teachers, and classmates. Your encouragement, mentorship, and belief in me have been instrumental in my success. I am truly grateful for your continuous support, which has helped me navigate through challenges and strive for excellence.

Moreover, I believe that one of the most significant factors contributing to this honor is my involvement with the faculty members and students across the college, particularly as a member of the Prime IT Club. Being a part of this club has not only enriched my academic experience but has also allowed me to develop invaluable skills, forge meaningful connections, and contribute positively to our college community. I am deeply grateful for the opportunities provided by the Prime IT Club and for the collaborative efforts of its members. Together, we have worked tirelessly to organize events, share knowledge, and foster a sense of camaraderie among students with a passion for technology.

Receiving this award is not just a personal achievement but a testament to the collective efforts of our entire college community. I am truly humbled and honored to have your support and encouragement every step of the way.

To all the young students out there, I want to share a message of inspiration: Believe in yourself and have fun doing what you love. Success will follow you when you are passionate, dedicated, and true to yourself. Embrace challenges as opportunities for growth, surround yourself with supportive individuals who lift you up, and never underestimate the power of hard work and perseverance.



STUDENT OF THE BATCH

SAGAR SUMSHER BISTA

BBS, 2075



I am happy with every moment I have spent at Prime College. I think the reason I have been recognized with the title was because I had the most fun among all my batchmates in these 4 years. I traveled to many scenic places like Biratnagar, Birganj and Pokhara as well as a trek to Langtang with my college family.

Our coordinator, Amit Sthapit sir, is one of the most dynamic personalities I have ever seen. His wisdom and philosophy are remarkably interesting and motivating. For me, he is the reason for my success, and my "Moksha Prapti".

A word of advice from me to the youth is: have fun at every moment possible. Do not be sad at all, because our time is limited in this world, and it will be a waste to be sad.

SAMIMA THAPA

BSc. CSIT, 2075

Getting good grades in school isn't just about being smart - it's about putting in effort and working with others. In my experience, doing well academically has been a result of working hard and being interactive with both teachers and friends.

First off, hard work has been the key. I knew from the start that if I wanted to do well, I had to put in the time and effort. This meant studying a lot, doing research, and really understanding the material. But I didn't do it alone. My teachers were a big support and help. They advised and helped me understand things better. By interacting with them, I learned more and felt more confident in my studies. I also learned a lot from my friends. Studying in a group made learning more fun and gave me different perspectives on things. When we worked together, we could figure out problems and support each other through tough times.

As someone who has walked this familiar path, I would advise you to embrace every opportunity to learn, both inside and outside the classroom. Enjoy your college journey, make lasting memories, and never give up.



STUDENT OF THE BATCH

SHREEMANTH SHRESTHA

BBM, 2075



It all started in Prime with a rush of excitement during orientation, where I eagerly met new friends and began exploring the college ambiance. Beyond academics, a vibrant array of events and activities offered unforgettable moments. As time passed, deep bonds formed with classmates, blossoming into lifelong friendships.

Being recognized as a student of the batch on such a ceremonious occasion was a surreal and prestigious moment in my life. It is a recognition of the collective effort put into my academic and personal development, for which I am immensely grateful. Throughout my journey, proper guidance, unwavering dedication, self-motivation, a thirst for knowledge, and moments of self-reflection were integral to my success in graduating. I am profoundly thankful to my parents, Prime family, and friends for their unwavering support and encouragement along this remarkable path to success. I would like to thank our respective Coordinator 'Sushma Maharjan' for providing a delightful learning environment. Your supervision and support throughout the semester have led to greater success

YASHU STHAPIT

BIM, 2075

Recognizing my genuine interest in computer science and information management was the crucial point that contributed to my win in this batch. I followed my passion instead of feeling pressured by others. This innate desire drove my efforts and allowed me to stand out and eventually be awarded "Student of the Batch."

My friends' unfailing encouragement and support as well as the guidance and encouragement of my teachers were critical to my win. Their support kept me motivated to aim high even during difficulties and served as a reminder of how important it is to surround oneself with good and inspiring people. In addition to my friends' support, the guidance and encouragement of my teachers were critical in my win. Their knowledge, guidance, and faith in my abilities gave me the courage and will to strive for greatness. Their commitment to advancing my knowledge and abilities pushed me to go beyond my own boundaries in my quest for excellence



Sacred Fusion

24th Falgun, 2080

In the busy life of college, there's a special moment where we pause to honour our customs. Recently, **Prime Cultural Club** arranged a heartfelt event named "Sacred Fusion" for Shivaratri and Women's Day. It was an occasion for students, faculty, and staff to unite and celebrate with happiness and respect.

As the evening drew near, we gathered on the college grounds where everyone settled around a bonfire, a traditional way to mark Shivaratri. Before the festivities began, our respected sir, Mr. Niraj Thapa Magar delivered an inspiring speech on Women's Day, followed by a brief address from our esteemed ma'am, Mrs. Rolisha Sthapit, an empowering woman herself.

After the enlightening speeches, we immersed ourselves in the warmth of the Shivaratri bonfire, surrounded by the soothing aroma of incense and the harmonious chants. As everyone enjoyed the warmth, organizers prepared to distribute prasad, a sacred offering.

Following the bonfire and refreshments, we gathered for a jam session, drawing closer to the fire. Students brought out guitars and sang together, fostering a sense of camaraderie and joy.

One of the most cherished aspects of "Sacred Fusion" was its ability to bring people of diverse backgrounds together, celebrating Shivaratri as a unified community. It demonstrated that our differences could strengthen us when we come together.

As the night concluded, we felt a profound sense of peace and appreciation. We contemplated the significance of Shivaratri and expressed gratitude for the opportunity to celebrate together in our college.

"Sacred Fusion" was more than just an event; it served as a reminder of the significance of tradition and unity. Thanks to Prime Cultural Club members for this event, we had the privilege of experiencing the essence of Shivaratri within the college premises. It was an unforgettable evening, filled with happiness, cultural richness, and a sense of togetherness.

Empowering Women in Technology

A Transformative Experience at the US Embassy

Hasila Lama

BIM 4th semester 3rd Chaitra, 2080

As a passionate advocate for women's empowerment, I recently had the honor of attending a remarkable event hosted by the US Embassy. Titled "Women in Technology" the event was held on 16th March to coincide with Women's History Month, aimed to celebrate the achievements of women in technology, while also providing invaluable insights into career development and networking opportunities.

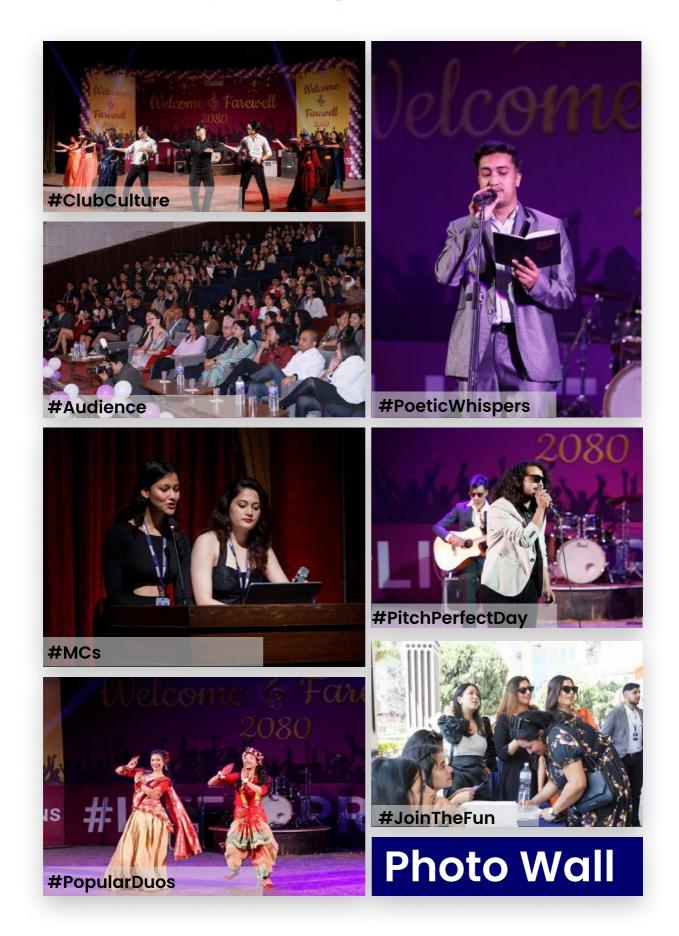
From the moment I stepped into the venue alongside 200+ young women from colleges across the nation. I was circled atmosphere of empowerment and inspiration. The session kicked off with an insightful discussion on CV building followed by a session where we delved into the do's and don'ts of interviewing. From body language to communication skills, every aspect was discussed evenly, leaving us better guided to face future interviews with confidence.

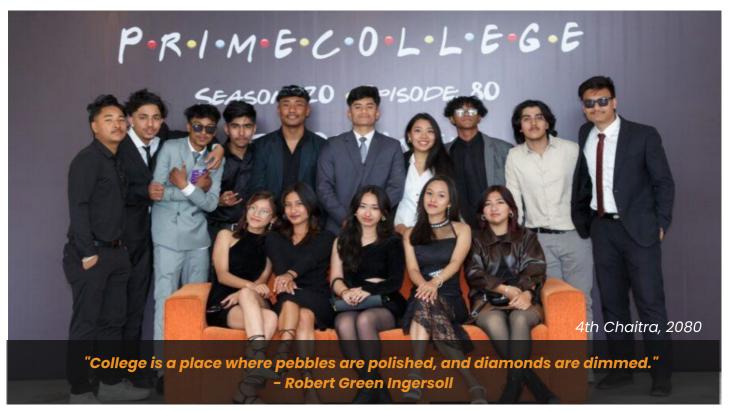


The event was not just about professional development; it also celebrated the spirit of sisterhood and interactive games sessions. During the event, we had the privilege of hearing from two remarkable who are women currently working in the US Embassy. They shared their inspiring within **Architecture** journeys Information Technology (IT), offering invaluable insights into their career paths and experiences. Moreover, event also highlighted further career opportunities within the US Embassy, welcoming and offering a glimpse into the possibilities at the exciting Embassy.

Reflecting on my experience, I am filled with a sense of gratitude, and inspiration with the opportunity to connect with fellow IT women Engineers exchanging ideas, experiences, and aspirations. It was encouraging to see all women together, who represented the future filled with technology.

WELCOME & FAREWELL







Welcome & Farewell Program 2080

The much-awaited Welcome Farewell Program 2080 was a vibrant event pulsating with talent, enthusiastic welcome and heartfelt farewell. Held at the prestigious Nepal Academy Hall in Kamaladi, Kathmandu, the event brought together students, faculty, and staff to bid farewell to one chapter while welcoming the next.

The event was a mixture of performances, showcasing the countless talents of Prime College students. From electrifying dance routines to soulful melodies, the stage came alive with the energy and creativity of our student body. The audience was captivated, swaying to the tunes, and cheering for their peers.

Two major highlights of the event were the 'Student of the Batch' from the farewell segment and Prime Freshers 2080 from the welcome segment. The former award, honored individuals who exemplified dedication and excellence, not just in academics but also in extracurricular pursuits whereas in the later the incoming batch displayed their talents, competing for the title of "Prime Fresher."

The event transcended mere entertainment; it was a celebration of community, friendship, and achievement. Every participant, volunteer, and member of the organizing committee contributed to the success of the event, leaving a lasting mark on the college's legacy.

SYMPHONY OF SUCCESS



A Tale from Prime Freshers 2080

My name is **Arsia Manandhar**, and I am currently studying information management in my first semester. I am passionate about everything I do. From dancing and sketching to playing musical instruments, I love trying out new things and learning along the way. I am determined to make the most of my college experience which is why I decided to enter Prime Freshers 2080. Participating in Freshers was not just about displaying my talents; it was a chance to connect with my peers and embrace the vibrant college spirit.

Preparing for the competition was no easy task. It required dedication, hard work, and a lot of practice. From perfecting my talent to refining my public speaking skills, I poured my heart and soul into every aspect of the competition. On competition day, as I stood on the stage, my heart raced with excitement and nerves. But I gave it my all, pouring my heart into every performance.

When they announced my name as the winner, I was overwhelmed with joy and pride. This victory means so much to me. It is not just about the title, but the journey it stands for. It is a reminder of the power of believing in oneself and the incredible support I have received from friends, family, and the college community. As I look back on this journey, I am grateful for the opportunities and experiences college has brought me. Winning Freshers is just the beginning, and I cannot wait to see what else lies ahead.

Joyful Hues of the Holi Fest

Holi Fest; a lively event organized by the **Prime Cultural Club** was a day filled with colors, music, and the joy of being together. On the day of Holi Fest, the college transformed into a colorful wonderland. Everywhere you looked, there were decorations in bright colors, making the whole place feel festive. Students wore traditional clothes and had fun throwing colored powder at each other.

The best part of Holi Fest was the performances. Students highlighted their talents on the grand stage, with dance routines that mesmerized and musical performances that uplifted spirits. Adding to the excitement, guest performers Ms. Niva Dongol, a talented singer, and Shrishes Manandhar, a dynamic DJ, graced the event with their stellar acts, leaving the crowd enthralled.



A myriad of food stalls dotted the venue, offering a tantalizing array of culinary delights. The success of Holi Fest wouldn't have been possible without the generous support of sponsors. So, thanks to our sponsors whose contributions added to the event's grandeur and ensured that the attendees had an unforgettable experience.

Beyond the colors and festivities, Holi Fest epitomized the spirit of unity and togetherness. It provided a platform for every member of Prime College to forge new connections and celebrate the rich tapestry of diversity that defines Prime College.

Holi Fest was more than just a festival of colors; it was a celebration of life, friendship, and the joy of coming together as a community.







Session on Banking Careers and their Prospects

Led by Mr. Prabin Neupane, Deputy Branch Manager and HR expert from Sanima Bank, Prime Career Centre organized a session for final semester students. Mr. Neupane elaborated on several crucial aspects including the ideal candidates for banking careers, the nuanced pros and cons associated with this profession, and alternative career pathways available to students.

However, the highlight of the session was Mr. Neupane's emphasis on ethical values essential for aspiring bankers, as well as professionals in other sectors. He offered invaluable insights on how to navigate the job market within the banking sector, including tips on spotting vacancies and the application process. Overall, the session provided valuable guidance for students contemplating a career in banking and underscored the importance of ethical conduct in the professional sphere.



Prime Career Center Collaborators



CAS Trading House

(30-years old IT company)



Smart Choice Technology

(ACT) (American Company)



Top of the World Service Consultancy



Info Developers Company



Max Tower

Kamaladi kathmandu, Nepal





TECH & COMPUTER

- 1. Did you know that the first-ever email was sent by Ray Tomlinson in 1971? It was a test message that read "QWERTYUIOP."
- 2. The first-ever text message, "Merry Christmas," was sent in 1992.
- 3. The first known selfie was taken in 1839 by Robert Cornelius, an American photographer.
- 4. The first ever photo uploaded to the internet was of a comedy band called Les Horribles Cernettes.
- 5. The average person spends over 4 hours a day on their cell phone.

ANIMALS & PLANTS

1. Octopuses have three hearts and blue blood.

- 2. Bananas are berries, but strawberries aren't!
- 3. The world's most popular fruit is the mango.
- 4. The heart of a shrimp is located in its head.
- 5. Elephants are the only mammals that can't jump.
- 6. A snail can sleep for three years.
- 7. The tongue of a blue whale weighs more than most elephants.

Prabisha MaharjanBBA 4th semester

STUDENTS' CREATION



Formula 1 is the pinnacle motor sport, an exceptional combination of human skill, design, and competition that no other sport can match. Formula 1 is a symphony of innovative technology, strategy, and athleticism that comes together on the circuit rather than merely being about racing at high speeds. Every Grand Prix displays the creativity of people as teams and drivers strive to push the boundaries of technology. The vehicles are technical marvels that are engineered to squeeze every bit of performance out of their advanced hybrid power trains, advanced materials technology, and complex aerodynamics. This unwavering quest of perfection not only enthrals enthusiasts but also propels the development of automobile technology.

Formula I represents a special mix of team and individual competition. The sport is a team effort, even though drivers, with their lightning-fast reactions and unwavering determination, often take home the greatest number of the accolades. To succeed in Formula I, drivers, engineers, strategists, and support personnel must work well together. Every race weekend is a strategic chess match, with teams having to make split-second decisions about which tires to use, when to pit, and how to approach the course. The complex dance between human and machine and the unpredictability of racing makes every Grand Prix an exciting show that keeps spectators on the edge of their seats.

Formula 1 unites a wide range of viewers from around the world who are all passionate about racing. The sport's past is filled with renowned drivers who have become legends, fierce rivalries, and tragic and triumphant moments that weave a complex narrative that enhances the sport's current state. Formula 1 is a sport that honours human achievement and encourages interesting a legislation.



The Legendery Night Out

How We Turned Six Semesters of "No Can Do" Into "Finally, Here We Go!"

After what felt like an eternity—or in college time, six semesters—of "hya night out jaam na" followed by "2 din ma exam cha," a miracle occurred. Our schedules finally aligned, giving birth to the first (and hopefully not last) night out!

There we were, circled around a bonfire like a group of wise sages—if those sages were armed with real cranberry juice and an arsenal of the best "Canteen last kabadi vayo college bahira cafe kholum" stories. The fire crackled with the laughter of friends who had mastered the art of procrastinating together, all while somehow passing their courses.

It was a scene straight out of a college brochure, except better, because it was real, and it didn't have cheesy captions underneath. We shared tales of triumphs and the occasional (okay, frequent) academic face plant, basking in the glow of a fire that was a metaphor for our burning desire to graduate... or just our love for bonfires.

mouthfuls of barbecued Between chicken, we toasted to our impending freedom and planned out future escapades-because if it only took three years to plan this night out, imagine what we could do with a little more time! As the night wound down and the fire dwindled to embers, we realized that this get-together was more than just a well-earned break. It proof that with bit was a persistence and a lot of rescheduled plans, anything is possible—even herding a bunch of college friends to the same spot at the same time.

So here's to the night out that almost wasn't. May the memories be as long-lasting as our future endeavours and twice as entertaining. And may all our nights be this warm, this bright, and this filled with the perfect amount of laughter and barbecued chicken goodness.

Sajan Shrestha BSc.CSIT 2077

Continuum of Excellence

In the halls where memories dwell,

We gather now, to bid farewell,

To those who've walked these paths before,

To seniors, we adore.

Your laughter echoes in these halls,
Your memories marked upon these walls,
Yet now it's time to spread your wings,
And chase the dreams that your heart sings.

As you initiate a journey anew,
We welcome freshers, bright and true,
Eager minds ready to innovate,
To explore, to shape their fate.

To them we say, embrace the change,
For life's a stage, a wide-open range,
With each passing day, a chance to grow,
To learn, to thrive, to let dreams flow.

So, here's to endings, and to starts,

To farewells, and to fresh beginnings,

For life's a journey, ever vast,

Welcoming the future, bidding farewell to the past.

Subha Thapa

BBM 4th Semester



In recent years, the world of competitive gaming, or esports, has exploded onto the global stage, captivating millions of players as well as fanbase. With its rapid growth and widespread popularity, it is important to tell the difference between a healthy interest and a real addiction in this growing industry.

Esports isn't just about pixels and screens; it's about passion, competition, and emotion. Just like traditional sports, esports evoke a wide range of feelings from both players and spectators. From the thrill of victory to the agony of defeat, emotions run high in the world of competitive gaming. Just like the other sports, competitions are super intense for gamers too. They spend lots of time practicing and working together, leading up to big tournaments where every move matters. Winning feels amazing and gives a rush, but losing or not doing well can be tough and pushes them to get better.

Just like players, esports fans go through lots of feelings when they watch their favorite teams play. They get excited when there's a great play or when their team wins unexpectedly. But they also feel sad when their favorite players don't do well. Being part of the fan community, feeling the excitement of live events, and sharing the love for esports brings them all closer together emotionally.

Passion not addiction

People worry about addiction to esports because they think playing too much can become a problem. They say video games are engaging. Especially in esports, it's easy to get addicted. Playing too much can cause issues, but it's important to understand the difference between loving something a lot and having a serious addiction.

Passion drives esports players to practice hard and compete, teaching them important life skills like discipline and ambition. But too much gaming can lead to addiction, causing problems in daily life and relationships. It's important to notice signs like neglecting responsibilities or feeling withdrawal when not playing. Luckily, the esports community is working to help players stay healthy. They're offering resources for mental health support, encouraging balanced lifestyles, and promoting responsible gaming.

GEN Z WRITES:]

In today's fast-paced digital world, understanding Generation Z is crucial. They are the people born between the mid-1990s and the early 2010s. Gen Zs are like the never-grown adults you see today. They know everything, but they still act like they know nothing. They are complicated human species who are trying to figure out for themselves every day and living in delusion in their own mini world that everything is going to work out for them. Going with the flow is just their motivational quote. Developing unfamiliar words like "L" for loser and "W" for winner is just their thing. They discover "flags" on the new people they meet, like a green flag for the good ones and a red flag for the bad ones. They seem irritating, but the cool ones slay the generation. Being a member of Gen Z is a slightly proud feeling for all of us, as we know what is going on in the world. For us, vibes are more important than anything else in the world. Gen Z's love cooler things, but deep down, we are still in love with some old music and old-school aesthetics.

You can find many scientific facts about Gen Zs on the internet, but this article was written by Gen Z herself. Gen Zs are hard to understand, but it is more difficult for people who are at the borderline of Gen Z and millennials. Millennials are cool too; they are our besties. They don't understand us, but it is fun to teach them 'our terms' and help them avoid compromising trivial things. There are many things to learn from them about careers and life, but we Gen Zs are only going to go with our vibes and live life with the flow. I know it's hard to deal with us, but at least we are living life with no regrets. I just cannot wait until our generation's parenting takes place. I know for real that we are going to slay parenting as the coolest parents and, yes, end up making the world our bestie. I hope we will be able to end a disease called situationship.



LIFE

Starting a life, slowly opening an eye,
Seeing the faces of people who are mine,
Holding me on their arms with love,
God has sent me from heaven above.

Leaning, experimenting, knowing different things, Growing with love, support, and elders' blessings, Playing with siblings, friends, and cousins, it's fun, Hiding, falling, jumping, and long run.

Creating memories and experiences in life,
Now you've grown, as an adult, you must strive,
Childhood was fun, now it's all gone,
Those were good memories, that phase won't come.

Understanding the world, people, and friends, So many leave, pretending to blend, You must strive alone for achievements, You are your own weakness and strength.

Complications and problems all people face, Solutions found in different places, Peace and calmness help in life, Peacefulness is better than fight.

Shruti Shrestha BBA 4th Semester

A Mindful Paradox

The Thinking About Not Thinking

The More You Think Not to Think, You Think More Than You Think

In the chaotic symphony of our minds, there exists a paradoxical truth: the more we try not to think about something, the more occupies our thoughts. It's a relentless cycle, a tug-of-war between our conscious desires and the subconscious impulses that govern our minds. We often find ourselves trapped in this intricate dance, struggling to break free from the chains of overthinking.

At the heart of this paradox lies the very essence of human nature – our innate curiosity and our relentless pursuit of understanding. We are wired to explore, to analyze, to dissect every thought and emotion that crosses our minds. Yet, in our quest for clarity, we often find ourselves lost in a labyrinth of endless rumination.

Shriya Shrestha

BBA 3rd Semester

Ironically, the more we try to suppress a thought or emotion, the more power we inadvertently give it. Like a stubborn weed, it takes root in the fertile soil of our subconscious, growing stronger with each attempt to ignore it. And so, our minds become battlegrounds, where thoughts wage wars against our willpower, leaving us exhausted and defeated.

But amidst the chaos, there is beauty to be found – a gentle reminder that our thoughts, however overwhelming, are merely fleeting whispers in the vast expanse of our consciousness. In embracing the ebb and flow of our minds, we find liberation – a newfound freedom in surrendering to the natural rhythm of our thoughts.

So, the next time you find yourself tangled in the web of overthinking, remember this: the more you resist, the more it persists. Instead, embrace the dance of your thoughts, for therein lies the true essence of your humanity – imperfect, unpredictable, and beautifully complex.

न्याय हराएको देश

रित्तिए ति बा आमाको काख बगे आशुका धारा लाखौं लाख !! कित रोइन् ति आमा, छोरीको लाश जलउदा पागल सरि भाका छन बा, छोरीको यादमा टोलाउदा !!

गर्व लाग्थो मलाई पनि नेपाली हुँ भन्नमा तर त्यो देशको कानुनले गर्न अति सम्ममा !! कहिले बलत्कृत भइन त निर्मला कहिले सालिन आत्महत्या भनेर सावित गर्यों कानुनले, भएका बलत्कृत !!

डर लाग्छ मलाई पनि खुलेआम घुमफिर गर्नमा खै कसरी बाच्नु छोरी यो समाजमा !! पाप लाग्छ तिमीलाई सरकार, ति दुई चेलीको छोरी त यहि देशको होइनन र के आफ्नो के अकिको !! अपराधिलाई निर अपराधी र निर्दोषलाई अपराधी मानिन्छ त्यहाँ, थाहा छैन, अब न्यायको लागि जाने हो कहा नाम र सत्ताको पछाडि लुकेका छन् अपराधी तर अवशोष न्यायदर्ता नै बनेका छन् न्यायको व्यापिर !!

आवाज उठाउन चाहानेहरूको पनि आवाज दबाइदिन्छन याहा बाहिर हेर्छु, देख्ह्छु जताततै समानताको नारा खै कस्ले सुनी रहेको छ निर्मला र सालिनको चित्कार !! जिवित देवी, छिन भनी चिनिने हाम्रो देश खै कहिले हो बदलिने हो यो परिभेष । खै त सरकार दोषिलाई सजाय दिएको ? देखेनौँ है तिमीले ति बा आमाको कलेजी दिएको!!!

Sabina Giri BBA 3rd Semester

BEST PROJECT

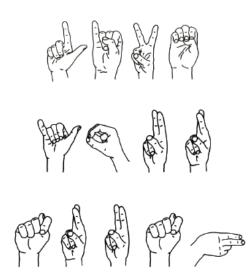
CSIT 7th Semester

Members: Asmita Panta, Nasala Maharjan, Nazma Shakya

Supervisor: Rolisha Sthapit



Deaf and dumb individuals mostly utilize sign language to communicate within their own communities. Since they are mute or hard of hearing, people in this language communicate by using sign language. Sign Language Recognition is the process of identifying and detecting sign language and goes on until equivalent hand signals are translated into text or speech. This project makes use of computer vision and natural language processing methods to enable smooth communication between these two different language modalities.



Frontend was created using HTML, CSS, and JavaScript, for backend Django was used. This project can recognize both ASL and NSL. Speech or text-to-sign and sign-to-speech or text are the two components of this project. CNN model is built for real-time sign language detection for the sign-to-speech part of this project. The CNN model gives accuracy of 95% in ASL and accuracy of 99.2% in NSL. The ASL dataset used was from Kaggle and half of NSL dataset was by Jhums-2816 in GitHub and half was self-created. This model is used to accurately predict sign language images captured in real-time using a web camera, which is then translated into speech using a text-to-speech API.

To make spoken language accessible to those who are deaf or hard of hearing, this project also converts spoken language into sign language animations for the "Speech or Text-to-Sign" component using Natural Language Processing. Bag of Words model is used for the representation of the text. This portion accepts both speech and text from the user and processes the text and breaks it down into words and letters and maps it to the videos present in the dataset and shows it to the user.

ART AND THE ARTIST

Samriddhi Pradhan

BIM 6th Semester



Bipika Kumari Chaudhary

BIM 6th Semester



Prashant Shrestha

BBA 6th Semester



ART AND THE ARTIST

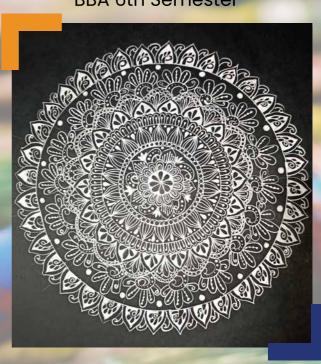
Dixika Shrestha

BIM 6th Semester

Pasang Ongmu Sherpa

BBA 6th Semester





Niraaj Maharjan

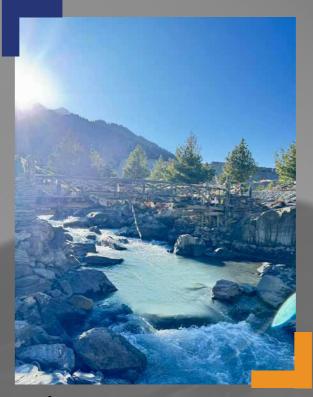
BBA 3rd Semester



PHOTOGRAPHY



Rajiv Shrestha
BIM 6th Semester

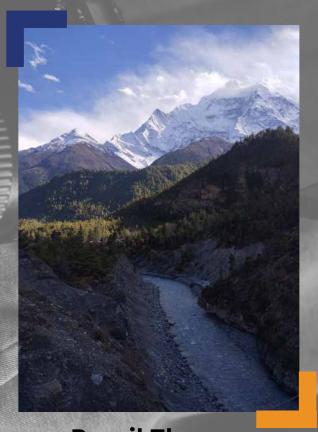


Kismat Roka Magar

*BSc. CSIT 4th Semester



Rolisha Sthapit
BSc. CSIT and BCA Coordinator



Prazil Thapa BSc. CSIT 3rd Semester

LIFE AT PRIME

Every setback in college is a setup for a **COMEBACK**.

LIFE AT PRIME



BCA 7th Semester
Field Visit to Government
Integrated Data Center
Magh 7, 2080

LIFE AT PRIME



Inter College Student Club Meet Up Magh 19, 2080

LIFE AT PRIME



How to Prepare a Pitch Deck? Magh 28, 2080 IT Club

LIFE AT PRIME



Mentorship Session Falgun 13, 2080 IT Club

LIFE AT PRIME



Welcome & Farewell 2080 Chaitra 4, 2080

LIFE AT PRIME



Prime Futsal League *Ongoing*

THANK YOU

As we conclude the third edition of Vrittanta:, we would like to extend our heartfelt and deepest gratitude to everyone who contributed to the success of this newsletter. Thank you for your honesty. The stories you've shared have been heartwarming, inspiring, unsettling, and even shocking at times. We appreciate that you've trusted us enough to share the truth, even when it isn't "pretty." It is truly an honor for us to have your stories with us. The continued encouragement and enthusiasm from everyone made it possible to deliver informative and engaging content.

We want to convey our sincere appreciation and regard for the continued support and trust of our readers. Your faith in us is greatly appreciated, and such support is the essence of our newspaper. We would also like to express our utmost respect and deepest gratitude to our Ethics and Standard Officer (ESO) and the Marketing, Public Relations & Event (MPRE) Department of Prime College who guided us throughout. Special appreciation goes to each member of the incredible editorial team who has brought this newsletter to life through their dedication, passion, and hard work.

We look forward to more stories, art, and creativity in the future. The third edition has set a high standard for the future, and we are confident that the future team will surpass it. We aim to be a free space with infinite possibilities for every perspective on art and stories. We hope to bring forth such diverse and unique perspectives of art to our readers. Team Vrittanta has tried its best to convey the sentiments of such infinite possibilities through the submitted articles.

To those who make a difference with every click – thank you for being changemakers. Special mention to Luniva Gorkhali, Prabisha Maharjan, and Saleena Shrestha (BBA 3rd), Subha Thapa (BBM 4th), Bijita Pokhrel, Bishal Devkota, Sujita Manandhar, Ujjan Tandukar, and Wanshika Shrestha (BBA 6th), Anil Dangol and Dixika Shrestha (BIM 6th), Rubika Shakya, Rubina Shakya, and Rusha Napit (BBA 8th), Angelique Dangol (BBM 8th), for their dedication and effort in bringing "Vrittanta:" to life. Your efforts have made a significant impact, and it shows. In every click and interaction, we see a glimpse of our shared future.

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- pgs@prime.edu.np
- **** 01-4961764 | 01-4960180
- primeglobalschool.edu.np 🛇 Khusibun, Nayabazar

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